

# SOUL SECRET

LINEDANCE.COM

Count: — Wall: — Level: —

Choreographer: Linda Hegarty

Music: God Must Have Spent (A Little More Time On You) by Alabama Feat. Nsync

Sequence: AAAB AAAB BB

If using Emotion or Light my fire just dance part A

## PART A

### RIGHT CROSS LEFT SIDE RIGHT SAILOR STEP LEFT CROSS ROCK TOGETHER RIGHT CROSS ROCK TOGETHER

- 1-2 Cross right over left, step left to left side
- 3&4 Cross step right behind left, step left beside right, step right forward
- 5&6 Cross left over right, step right back, step left to left side
- 7&8 Cross right over left, step left back, step right to right side

### CROSS ROCK SIDE CHASSE RIGHT SAILOR BACK LEFT SAILOR BACK

- 9-10 Cross rock left over right, recover onto right
- 11&12 Step left to left side, step right beside left, step left to left side
- 13&14 Cross right behind left, step left beside right, step right diagonal forward
- 15&16 Cross left behind right, step right beside left, step left diagonal forward

### CROSS ROCK 1 ¼ TRIPLE TURN ROCK ¼ TURN CROSS ¾ TURN

- 17-18 Cross rock right over left, recover onto left
- 19&20 Turn 1 ¼ turns right while stepping right left right
- 21-22 Rock left forward, recover onto right and turn ¼ left while stepping left to side
- 23-24 Cross step right over left, step left back ½ turn right, step right forward ¼ right

### ROCK AND CROSS TURN SHUFFLE LEFT-RIGHT-LEFT ROCK AND CROSS TURN WALK RIGHT, LEFT

- 25&26 Rock left to left side, recover onto right, cross left over right
- 27&28 Step right back and ½ turn left while shuffling left right left

**29&30** Rock right to right side, recover onto left, cross right over left

**31&32** Step left back,  $\frac{1}{2}$  turn right while walking forward right, left

## **PART B**

### **ROCK RIGHT AND CROSS HITCH TURN LEFT-RIGHT-LEFT AND HEEL BALL CROSS STEP SHUFFLE $\frac{1}{2}$ TURN RIGHT**

**1&2** Rock right to right side, recover onto left, cross right over left

**3&4** Hitch left leg up while turning  $\frac{3}{4}$  left. Shuffle forward left-right-left

**5&6** Step right to right side, step left heel up, step left down, cross right over left

**7&8** Step left back, turn  $\frac{1}{2}$  turn right while shuffling forward right-left-right

### **ROCK $\frac{1}{4}$ TURN CROSS $\frac{3}{4}$ TURN ROCK $\frac{1}{2}$ TURN STEP $\frac{1}{2}$ TURN**

**9-10** Rock left forward, recover onto right and turn  $\frac{1}{4}$  left while stepping left to left

**11&12** Cross step right over left, step left back  $\frac{1}{2}$  turn right, step right forward  $\frac{1}{4}$  right

**13-14** Rock forward left, recover onto right step left forward  $\frac{1}{2}$  turn left

**15-16** Step right forward, pivot  $\frac{1}{2}$  turn left