

# THONG DANCE (THAT DERN WEDGIE)

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**Count:** 32      **Wall:** 4      **Level:** beginner

**Choreographer:** Cody Stevens & Michael Lorah

**Music:** Thong Song by Sisqo

## MAMBO STEPS

- 1      Rock forward on the right foot
- &      Rock weight to the left foot
- 2      Step right next to the left
- 3      Rock back on the left foot
- &      Rock weight to the right foot
- 4      Step left next to right
- 5      Rock to the right on the right foot
- &      Rock weight to the left
- 6      Step right next to the left
- 7      Rock to the left with the left
- &      Rock weight to the right
- 8      Step left next to the right

## FOUR STEPS AND SHAKE IT

- 9      Step right to the right side
- 10      Step left to the left side
- 11      Step right back and to the center
- 12      Step left back and to the center
- &      Step right foot forward and to the right side
- 13      Step left foot forward and to the left side
- 14      Hold for one beat
- 15-16      Roll from right to left ending weight on the left foot

## TWO QUARTER TURNS QUICK VINE AND KNEE ROLLS

- 17 Step forward on the right foot
- 18 Pivot a quarter turn to the left while rolling hip
- 19-20 Repeat steps 17 and 18
- 21 Step right foot behind the left
- & Step the left foot to the left side
- 22 Touch the right toe to the right side
- 23 Roll the right knee to the right
- 24 While rolling the right knee again pivot a quarter turn to the right weight left

### **KICK THEN ROCK THEN LAST CHA-CHA**

- 25 Kick then right foot forward
- 26 Kick the right foot to the right side
- 27 Step the right foot back and behind the left
- & Step the left foot to the left side
- 28 Step the right foot forward
- 29 Rock forward on the left foot
- 30 Rock weight back to the right foot
- 31 Step the left foot forward
- & Step the right foot next to the left
- 32 Step the left foot forward

### **REPEAT**

**Remember the point of the dance is you have a Really BIG wedgie and your trying to get it out. So really put your hips into it.**