

# ZUMBA!

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**Count:** 32      **Wall:** 4      **Level:** Improver - zumba line

**Choreographer:** Mathias Pflug (Germany) Feb. 2012

**Music:** Dj Mam's Feat Soldat Jahman & Luis Guisao - Zumba He Zumba Ha

## **Intro: Start on main vocals!**

### **Rock Forward, Recover, Side Rock, Recover, 1/2 Turn Sailor Shuffle, Shuffle Forward**

**1-2-3-4**      Step R forward, Recover on L, Step R to R, Recover on L

**5&6 1/4 turn right & cross R behind L, Step L beside R, 1/4 turn right & step R to R**

**7&8**      Step L forward, Step R beside L, Step L forward (6.00)

### **Optional arm movements for count:**

**1**      Push both arms/palms forward

**3**      Push R arm/palm to right & Push L arm/palms to left

**7&8**      Push both arms/palms forward, Take both arms/palms a litte back, Push both arms/palms forward

### **Restart the dance here on wall 4, 8 and 12!**

### **Diagonal Rocking Chair, Chassé, Back Rock, Recover**

**1-2-3-4**      Step R diagonally right forward, Recover on L, Step R diagonally left back, Recover on L

**5&6**      Step R to R, Step L beside R, Step R to R

**7-8**      Step L back, Recover on R (6.00)

### **Chassé, 1/4 Turn Back Rock, Recover, (Shuffle Forward) R+L**

**1&2**      Step L to L, Step R beside L, Step L to L

**3-4 1/4 turn right & step R back, Recover on L**

**5&6**      Step R forward, Step L beside R, Step R forward

**7&8**      Step L forward, Step R beside L, Step L forward (9.00)

### **Optional arm movements for count:**

**5**      Push both arms up

**7**      Push both arms up

## **(Rolling Vine + Touch/Clap) R+L**

**1-2<sup>1</sup>/<sub>4</sub> turn right & step R to R, 1/4 turn right & step L forward**

**3-4<sup>1</sup>/<sub>2</sub> turn right & step R back, Touch L beside R & Clap**

**5-6<sup>1</sup>/<sub>4</sub> turn left & step L to L, 1/4 turn left & step R forward**

**7-8<sup>1</sup>/<sub>2</sub> turn left & step L back, Touch R beside L & Clap**

**Repeat & Enjoy!**