

# Sweet Dreams (2014)

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**Count:** 64

**Wall:** 4

**Level:** Beginner / Easy Improver

**Choreographer:** Martie Papendorf . South Africa. May 2010 [Updated April 2014]

**Music:** Sweet Dreams Are Made Of This on Sweet Dreams (Are Made Of This) by The Eurythmics (125 bpm)

**Intro: 16 counts, start on vocals.**

**#1: SIDE, TOUCH, KICK, KICK, SIDE, TOUCH, SIDE, TOUCH**

**1-4** Step L to left side, Touch R next to L, Kick R across L 2x [Low kicks],

**5-8** Step R to right side, Touch L next to R, Step L to left side, Touch R next to L [12.00]

**#2: CRABWALK R - SIDE, STEP, SIDE, STEP, SIDE, STEP, SIDE, TOUCH or [DOWN, UP, DOWN, UP, DOWN, UP, DOWN, TOUCH]**

**1-2** Step R small step to right side dropping R shoulder (raise L shoulder), Step L next to R leveling shoulders,

**3-8** Repeat ending in a touch L next to R [12.00]

**#3: SIDE, TOUCH, SIDE, TOUCH, RUN FORWARD L, R, L, TOUCH**

**1-4** Step L to left side, Touch R next to L, Step R to right side, Touch L next to R,

**5-8** Shuffle/ Run fwd 3 small steps L, R, L, Touch R next to L [12.00]

**#4: SIDE, TOUCH, SIDE, TOUCH, RUN BACK R, L, R, TOUCH**

**1-4** Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,

**5-8** Shuffle / Run 3 small steps back R, L, R, Touch L next to R [12.00]

**#5: CROSS ROCK, RECOVER, SIDE, SCUFF, CROSS ROCK, RECOVER, SIDE, SCUFF**

**1-4** Rock L across R, Recover back onto R, Step L to left side, Scuff R across L,

**[arms opposing leg movement ]**

**5-8** Rock R across L, Recover back onto L, Step R to right side, Scuff L across R [12.00]

**#6: CROSS ROCK, RECOVER ¼ LEFT, SIDE, SCUFF, CROSS ROCK, RECOVER, SIDE, TOUCH**

**1-4** Rock L across R, Recover R back making a ¼ turn left, Step L to L side, Scuff R across L, [9.00]

**5-8** Rock R across L, Recover back onto L, Step R to right side, Touch L to R [9.00]

**#7: SIDE, TOUCH, SIDE TOUCH, CHASSE LEFT, TOUCH**

**1-4** Step L to left side, Touch R next to L, Step R to right side, Touch L next to R,

**5-8** Step L to left side, Close R next to L, Step L to left side, Touch R next to L [9.00]

**#8: SIDE, TOUCH, SIDE TOUCH, CHASSE RIGHT, TOUCH**

**1-4** Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,

**5-8** Step R to right, Close L next to R, Step R to right side, Touch L next to R [9.00]

**START AGAIN**