

Wild At Heart

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Count: — **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: Derek Allen

Music: 'Wild at Heart' by Gloriana (98bpm)

32 Count Intro. Starts 4 Counts before Lyrics Begin

Section A (32 Counts)

Heel Switches

- &1&2** Tap L next to R & R Heel Fwd. Step R Back and L Heel Fwd
- &3, 4** Step L Back and R Heel Fwd. Hold on Count 4.
- &5&6** Step R Back and L Heel Fwd. Step L Back and R Heel Fwd
- &7, 8** Step R Back and L Heel Fwd. Hold on Count 8

Kick, Kick Coaster Step R then same again L

- &9, 10** Step L next to R and Kick R Fwd Twice
- 11&12** Right Coaster
- 13, 14** Kick L Fwd Twice
- 15&16** Left Coaster

Kick and Point 4 Times Making Complete Turn

- 17&18** Kick R Fwd, Point Left to Side Whilst Making $\frac{1}{4}$ Turn L
- 19&20** Kick L Fwd, Point Right to Side Whilst Making $\frac{1}{4}$ Turn L
- 22&22** Kick R Fwd, Point Left to Side Whilst Making $\frac{1}{4}$ Turn L
- 23&24** Kick L Fwd, Point Right to Side Whilst Making $\frac{1}{4}$ Turn L

R Sailor, L Sailor. Walk Fwd R, L, R. Lift Left Knee

25&26 R Sailor

27&28 L Sailor

29 - 31 Walk Fwd R, L, R

32 Lift L Knee across R.

Section B (16 Counts)

Side Step, ¼ Shuffle. Rock and Recover ¼ Turn L. Cross Shuffle

- 1, 2** Step L to L Side. Step R next to L.
3&4 Make a ¼ Shuffle Turn L (L, R, L)
5, 6 Rock on R Whilst Making ¼ Turn L. Recover Weight onto L.
7&8 Cross Shuffle R, L, R

Rock Fwd ¼ Turn L. Sailor ¼ Turn L. Rock Fwd. ½ Turn Shuffle R

9, 10 ¼ Turn L Rocking L Fwd. Rock Back on R

- 11&12** Sailor ¼ Turn L
13, 14 Rock R Over L, Recover Weight onto L
15&16 Shuffle ½ Turn R (R, L, R)

Alternative steps on counts 15&16: 1½ Turns R (R, L, R)

Section C (32 Counts)

Step L over R, R to Side, Behind & Cross. Rock out R, Rock Back L, Behind & Cross

- 1, 2** Step L Over R. Step R to Side.
3&4 Step L Behind R, R to Side, L Over R
5, 6 Rock R to Side. Recover Weight onto L.
7&8 Step R Behind L, L to Side, R Over L.

2 x ¼ Turns R. Left Shuffle Fwd. Bump Hips R, L, - R, L, R

9, 10 ¼ Turn R Stepping Back on L. ¼ Turn R Stepping R to Side.

- 11&12** Left Shuffle Fwd (L, R, L)
13 Bump R Hip Fwd Whilst Stepping R Diagonally Fwd on R
14 Bump L Hip Back
15&16 Bump Hips R, L, R
17-32 Repeat 1-16 above

Tag 1 (8 Counts)

- 1, 2** Rock Fwd on L, Recover Weight Back onto R

3&4 L Coaster

5, 6 Rock Fwd on R, Recover Weight Back onto L

7&8 R Coaster

Tag 2 (6 Counts)

1 - 4 Box Step L Over R, R Back, L Side, R over L

5, 6 Rock L to Side and Recover Weight onto R

Dance Sequence

A, B, C, Tag 1,

A, B, C, Tag 1 x 2,

A, Tag 2,

C, C, Tag 1,

Finish with the first 16 counts of section A.

The music helps. Good Luck.