

# Target Practice

LINEDANCE.COM

**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Dee Musk (UK) Aug 2013

**Music:** 'Bang Bang' – Melanie Fiona. Album: The Bridge

## 16 Count Intro - Approx 07 seconds - Track approx 3 mins 28 secs BPM 132

### Step Kick, Back, Twist Twist, Back, Point Cross.

- 1,2 Step forward on L, kick R forward.
- 3 Step back on R.
- 4,5 On balls of feet twist both heels L, twist back to centre weight on R.
- 6 Step back on L.
- 7,8 Point R to R side, cross R over L. (12 o'clock).

### Point Cross, Side Rock, Jazzbox $\frac{1}{4}$ Turn R.

- 1,2 Point L to L side, cross L over R.
- 3,4 Rock R to R side, recover weight to L.
- 5-8 Cross R over L, make a  $\frac{1}{4}$  turn R stepping back on L, step R to R side, step forward on L. (3 o'clock).

### Modified Jazzbox $\frac{1}{4}$ Turn R, Side Rock, Cross Point.

- 1-4 Cross R over L, make a  $\frac{1}{4}$  turn R stepping back on L, step R to R side, cross L over R.
- 5,6 Rock R to R side, recover weight to L.
- 7,8 Cross R over L, point L to L side. (6 o'clock).

### R Diagonal Step Lock Step Hitch, L Diagonal Step Lock Step Hitch.

- 1-4 Travelling to R diagonal step forward on L, lock R behind L, step forward on L, hitch R knee towards L diagonal.
- 5-8 Travelling to L diagonal step forward on R, lock L behind R, step forward on R, hitch L knee to straighten up towards the 6 o'clock wall. (6 o'clock).

### Step $\frac{1}{2}$ Turn R Step, $\frac{3}{4}$ Turn L Point, $\frac{1}{2}$ Monterey Turn R With Point.

- 1-3 Step forward on L, make a  $\frac{1}{2}$  turn R, step forward on L.
- 4-6 Make a  $\frac{1}{2}$  turn L stepping back on R, make a  $\frac{1}{4}$  turn L stepping L to L side, point R to R side.

**7,8** Make a ½ turn R stepping R beside L, point L to L side. (9 o'clock).

### **Bump, Bump, Side, Touch, ¾ Turn R.**

**1,2** Bump hips L, bump hips R.

**3,4** Step L to L side, touch R beside L.

**5** Make a ¼ turn R stepping forward on R.

**6-8** Step forward on L, make a ½ turn R, step forward on L. (6 o'clock).

### **Chasse R, Back Rock, Chasse L, Back Rock.**

**1&2** Step R to R side, close L beside R, step R to R side.

**3,4** Rock L behind R, recover weight to R.

**5&6** Step L to L side, close R beside L, step L to L side.

**7,8** Rock R behind L, recover weight to L. (6 o'clock).

### **¾ Turn R, Side Hold, Ball Cross Point.**

**1-4** Make a ¼ turn R stepping forward on R, step forward on L, make a ½ turn R, step forward on L.

**5,6** Step R to R side, hold count 6.

**&7,8** Step L beside R, cross R over L, point L to L side. (3 o'clock).

### **Optional Ending - Facing 9 o'clock wall -**

**Dance up to count 6 of the last section and replace 'Ball Cross Point' with 'Ball ¼ Turn R Point' to end facing 12 o'clock**

**Track available from [iTunes.co.uk](https://www.itunes.co.uk) - [deemusk@btinternet.com](mailto:deemusk@btinternet.com) Dee - 07814 295470**