

# RUB IT IN

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**Count:** 32                      **Wall:** 2                      **Level:** beginner

**Choreographer:** Rick & Deborah Bates

**Music:** Tryin' To Get To New Orleans by The Tractors

## DIAGONAL TOE TOUCHES, CROSS STEPS, SWEEP TURN, HIP BUMPS

- 1-2**            Touch right toe forward and diagonally to the right; cross right foot over left and step
- 3-4**            Touch left toe forward and diagonally to the left; cross left foot behind right and step
- 5-6**            Slide right foot forward and begin a  $\frac{1}{2}$  turn to the right on ball of left foot while sweeping right foot out and around in a to the right motion; complete  $\frac{1}{2}$  to the right sweep and step right foot next to left
- 7-8**            Bump hips to the left twice and shift weight to the left foot

## DIAGONAL STEP, TOUCH, DIAGONAL STEP, SYNCOPATED ROCKS, ROCK STEP, TURNING SHUFFLE

- 9-10**           Step forward and diagonally to the right on right foot; touch left toe next to right
- &11**            Step back and diagonally to the left on left foot; rock forward onto right foot
- &12**            Rock back onto left foot; rock forward onto right foot
- 13-14**           Step forward on left foot; rock back onto right foot
- 15&16**           Shuffle in place (left, right, left) making a  $\frac{1}{2}$  turn to the left on these steps

## OUT-OUT, HOLD, SWIVELS, MODIFIED MONTEREY TURNS

- &17**            Step slightly to the right on right foot; step slightly to the left on left foot about shoulder width apart from right
- 18**              Hold and clap hands
- &19**            Swivel heels inward; swivel toes inward
- &20**            Swivel heels inward; swivel toes to center
- 21-22**           Touch right toe to the right; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and step right foot next to left
- 23-24**           Touch left toe to the left; pivot  $\frac{1}{4}$  turn to the left on ball of right foot and step left foot next to right

## KICK-BALL-BALL, HEEL SWIVELS (TWISTS), PIVOT TO THE LEFT, TURN TO THE LEFT

- 25&26** Kick right foot forward; step on ball of right foot next to left; step forward on ball of left foot
- 27-28** With weight on balls of both feet, swivel heels turn to the lefting body  $\frac{1}{4}$  turn to the right; swivel heels turn to the righting body  $\frac{1}{4}$  turn to the left and shift weight to left foot
- 29-30** Step forward on right foot; pivot  $\frac{1}{2}$  turn to the left on ball of right foot and shift weight to left foot
- 31-32** Step forward on right foot; pivot  $\frac{1}{4}$  turn to the left on ball of right foot and shift weight to left foot

**REPEAT**