

# TURMOIL

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**Count:** 32                      **Wall:** —                      **Level:** —

**Choreographer:** Rick & Deborah Bates

**Music:** Lucky Me, Lucky You by Lee Roy Parnell

**Position:** Indian Position, facing LOD

## SQUAT, STAND UP, SIDE EXTENSION, ROCK STEP, FULL TURN TO THE RIGHT

- 1-2**            Bend knees and lower body; straighten knees and stand upright
- 3-4**            With body facing forward, turn head and right leg toward 3:00 and extend right leg and right arm to the right; bring right leg and right arm to center and turn head forward
- 5-6**            Step forward on right foot; rock back onto left foot

**Release left hands and raise right hands. Partners turn under upraised joined hands**

- 7-8**            Pivot ½ turn to the right on ball of left foot and step forward on right foot; pivot ½ turn to the right on ball of right foot and step left foot next to right

**Rejoin hands back in the Indian position**

## ROCK STEP, WALK FORWARD

- 9-10**           Step back on right foot; rock forward onto left foot
- 11-12**           Step forward on right foot; step forward on left foot

## MAN: DIAGONAL STEP-SLIDE RIGHT, TOGETHER, LADY: DIAGONAL ROLLING TURN, TOGETHER

**Man does the following steps almost in place allowing partner to end to the right of man**

**Release left hands and raise right hands. Lady turns under upraised joined hands...**

**13-14 MAN: Step forward and diagonally to the right on right foot; slide left foot next to right and step**

**LADY: Step forward and diagonally to the right on right foot and begin a full turn to the right traveling to the right, step on left foot and continue full to the right traveling turn**

**15-16MAN: Step forward and diagonally to the right on right foot; step left foot next to right**

**LADY: Step on right foot and complete full to the right traveling turn; step left foot next to right**

**Rejoin hands in the right side-by-side position**

### **SYNCOATED HEEL SWITCHES, TOE-HEEL STRUTS**

- 17&** Touch right heel forward; step right foot to home
- 18&** Touch left heel forward; step left foot to home
- 19-20** Step forward on right toe; lower right heel down onto floor
- 21&** Touch left heel forward; step left foot to home
- 22&** Touch right heel forward; step right foot to home
- 23-24** Step forward on left toe; lower left heel down onto floor

### **WALK FORWARD, FORWARD SHUFFLE**

- 25-26** Step forward on right foot; step forward on left foot
- 27-28** Shuffle forward (right, left, right)

### **MAN: DIAGONAL STEP-SLIDE LEFT, TOGETHER, LADY: DIAGONAL ROLLING TURN, TOGETHER**

**Man does the following steps almost in place allowing partner to end in front of man**

**Release left hands and raise right hands. Lady turns under upraised joined hands..**

**29-30MAN: Step forward and diagonally to the left on left foot; slide right foot next left and step**

**LADY: Step forward and diagonally to the left on left foot and begin a full turn to the left traveling to the left; step on right foot and continue full traveling turn to the left**

**31-32MAN: Step forward and diagonally to the left on left foot; step right foot next to left**

**LADY: Step on left foot and complete full traveling turn to the left; step right foot next to left**

## Rejoin hands in the Indian position

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=44146](https://www.linedance.com/index.php?f=dance_view&id=44146)