

WHAT'S IN IT FOR ME?

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Cai Rees

Music: What's In It For Me by Faith Hill

Start dance after the 32-count intro approximately 42 seconds from start

of music

SYNCOPATED KICKS, & STEP, 2X BOUNCES, RIGHT FRONT SAILOR, LEFT BACK SAILOR

1&2 Kick left forward, recover next to right, kick right forward

&3 Recover next to left, step forward slightly on left

&42X heel bounces turning 1/8th of a turn right on each (completing a 1/4 turn right)

5&6 Step right foot in front of left, step to left side on left, step to right side on right

7&8 Step left foot behind right, step to right side on right, step to left side on left

CROSS, SIDE, CROSS & CROSS, ROCK TURN STEP, LOCK SHUFFLE

1-2 Cross right over of left, step to left on left

3&4 Cross right over left, step to left on left, cross right over left

5&6 Rock to left on left, recover onto right turning 1/4 turn right, step forward on left

7&8 Step forward on right foot, step forward on left locking behind right, step forward on right

MAMBO FORWARD, TOUCH, TURN, LOCK SHUFFLE, ROCK, RECOVER

1&2 Rock forward on left, recover back on right, step left next to right

3-4 Touch right toes back, pivot 1/2 turn right (putting weight on right foot)

5&6 Step forward on left foot, step forward on right locking behind left, step forward on left

7-8 Rock right on right, recover left

RIGHT BACK SAILOR, CROSS BEHIND, UNWIND 3/4 LEFT, 2X WALKS, LOCK SHUFFLE

1&2 Step right foot behind left, step to left side on left, step to right side on right

3-4 Cross left foot behind right, unwind 3/4 turn left

5-6 Walk forward right, left

7&8 Step forward on right foot, step forward on left locking behind right, step forward on right

REPEAT

TAG:

To be danced at the beginning of the 9th wall. This wall will be the 3rd time you begin the dance on the front wall

SYNCOPATED KICKS (FIRST 2 COUNTS OF DANCE REPEATED)

1& Kick left forward, recover next to right

2& Kick right forward, recover next to left