

# Rhythm is Gonna Get You

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**Count:** 32                      **Wall:** 1                      **Level:** Beginner

**Choreographer:** Irene Groundwater , (April 2012)

**Music:** Rhythm is Gonna Get You by Gloria Estefan, CD: Greatest Hits, (126 bpm)

**Intro: Start on the heavy beats - or on the vocals- on the word NIGHT.**

**[1-8] DIAG FWD, TOG, DIAG FWD, TOUCH, SIDE, TOG, SIDE, TOUCH**

**1-2R diag forward (1:30), Step L beside R,**

**3-4R diag forward, (1:30),Touch L Ball beside R instep**

**5-6-7-8**     Side L, Step R beside L, Side step L, Touch R Ball beside L instep

**[9-16] STOMP, HEEL, HEEL, HEEL, STOMP, HEEL, HEEL, HEEL**

**1**             Stomp R to right side

**2-3-4**        Face body left and Lower L Heel - 3 times (face front)

**5**             Stomp L to left side

**6-7-8**        Face body right and Lower R Heel - 3 times (face front)

**(Option - Counts 1 to 4 - Move L Hand shoulder high to the left - 3 times)**

**(Option - Counts 5 to 8 - Move R Hand shoulder high to the rightt - 3 times.)**

**[17-24] DIAG BACK, TOG, DIAG BACK, TOUCH, SIDE, TOG, SIDE, TOUCH**

**1-2R diag back (4:30), Step L beside R**

**3-4R diag back (4:30), Touch L Ball beside R instep**

**5-6-7-8**     Side step L, Step R beside L, Side step L, Touch R Ball beside L instep

**[25-32] SWAY, HOLD, SWAY, HOLD, CIRCLE HIPS TWICE TO RIGHT (4 CTS)**

**1-2-3-4**     Sway R, Hold, Sway L, Hold

**5-6-7-8(Circle Hips to the right over 2 counts) x 2**

**(Option - Counts 5 to 8 - Raise both hand overhead while circling hips to right)**

**BEGIN AGAIN**

**TAG - 8 COUNTS (If starting on heavy beats - after 4th dance pattern - If starting on vocals - after 3rd dance pattern) repeating counts 25-32.**

**[1-8] SWAY, HOLD, SWAY, HOLD, CIRCLE HIPS TWICE TO RIGHT (4 CTS)**

**1-2-3-4** Sway R, Hold, Sway L, Hold

**5-6-7-8(Circle Hips to the right over 2 counts) x 2**

**(Option - Counts 5 to 8 - Raise both hand overhead while circling hips to right)**

**Contact:-**

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