

# Rocky Foundations

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**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Ross Brown (UK) April 2015

**Music:** We Built This City (Melodyparc Radio Mix) by Tom Le Mont (feat. Starship) (133 BPM) CD : We Built This City (Remixes) [Length - 3:26]

## **Intro : 32 Counts (Approx. 32 Seconds)**

### **S1: SYNCOPATED VINE RIGHT. HEEL TAPS, TOUCH.**

- 1 - 2 & Step right to the right, cross step left behind right, step right to the right.
- 3 - 4 Cross step left over right, step right to the right.
- 5 - 6 - 7 - 8 Tap left heel three times with guitar actions, touch left next to right. (12 O'CLOCK)

### **S2: SYNCOPATED VINE LEFT. ROCK BACK, STEP FORWARD. BACK ½ TURN R, SIDE ¼ TURN R.**

- 1 - 2 & Step left to the left, cross step right behind left, step left to the left.
- 3 - 4 Cross step right over left, step left to the left.
- 5 - 6 - 7 Rock back with right, recover onto left, step forward with right.
- 8 - 1 Make a ½ turn right stepping back with left, make a ¼ turn right stepping right to the right. (9 O'CLOCK)

**Ending : On Wall 8, after finishing this Section turn to face the Front Wall by Sweeping your Left foot around a ¾ Turn Right. This can be done quickly or slowly.**

### **S3: HOLD, BALL, SIDE, TOUCH. SIDE MAMBO. SIDE ROCK.**

- 2 & 3 - 4 Hold for Count 2, step left next to right, step right to the right, touch left next to right.
- 5 & 6 Rock left to the left, recover onto right, step left next to right.
- 7 - 8 Rock right to the right, recover onto left. (9 O'CLOCK)

### **S4: BEHIND, HOLD, BALL. CROSS, SIDE. ROCK BEHIND. REVERSE ROLLING VINE FULL TURN L.**

- 1 - 2 & Cross step right behind left, hold for Count 2, step left to the left.
- 3 - 4 Cross step right over left, step left to the left.
- 5 - 6 Rock right behind left, recover onto left.

**7 - 8 - 1** Make a  $\frac{1}{4}$  turn left stepping back with right, make a  $\frac{1}{2}$  turn left stepping forward with left, make a  $\frac{1}{4}$  turn left stepping right to the right. (9 O'CLOCK)

**S5: HOLD, BALL. STEP  $\frac{1}{4}$  TURN R, SCUFF  $\frac{1}{4}$  TURN R. CHASSE LEFT. ROCK BEHIND.**

**2 &** Hold for Count 2, step left next to right.

**3 - 4** Make a  $\frac{1}{4}$  turn right stepping forward with right, make a  $\frac{1}{4}$  turn right scuffing left past right.

**5 & 6** Step left to the left, close right up to left, step left to the left.

**7 - 8** Rock right behind left, recover onto left. (3 O'CLOCK)

**S6: SYNCOPATED MONTEREY  $\frac{1}{4}$  TURN R. STEP FORWARD, FULL TURN L, TOUCH.**

**1 - 2 &** Point right toe to the right, hold for Count 2, make a  $\frac{1}{4}$  turn right stepping right next to left.

**3 - 4** Point left toe to the left, touch left toe slightly back.

**5 - 6** Step forward with left, make a  $\frac{1}{2}$  turn left stepping back with right.

**7 - 8** Make a  $\frac{1}{2}$  turn left stepping forward with left, touch right next to left. (6 O'CLOCK)

**END OF DANCE!**

**TAGs : At the end of Walls 2 & 6, dance the Tag (facing 12 o'clock).**

**1 - 2 - 3 - 4** Rock forward with right, recover onto left, rock back with right, recover onto left.

**5 - 6 - 7 - 8** Step forward with right, pivot a  $\frac{1}{2}$  turn left, step forward with right, pivot a  $\frac{1}{2}$  turn left.

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