

# STOMP IT OUT

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**Count:** 32      **Wall:** 2      **Level:** beginner

**Choreographer:** Heidi Angelika Scott

**Music:** Stomp by Michael Peterson

## STOMP RIGHT-LEFT IN PLACE, RIGHT SHUFFLE FORWARD, STOMP LEFT-RIGHT IN PLACE, LEFT SHUFFLE BACK

- 1-2      Stomp right in place, stomp left in place
- 3&4      Right shuffle forward stepping right, left, right
- 5-6      Stomp left in place, stomp right in place
- 7&8      Left shuffle back stepping left, right, left

## RIGHT TOE POINTS X4, RIGHT CHA-CHA, LEFT TOE POINTS X4, LEFT CHA-CHA

- 1&2&      Point the toes on the right foot forward tapping them four times moving out to the right side
- 3&4      Right cha-cha stepping right, left, right
- 5&6&      Point the toes on the left foot forward tapping them four times moving out to the left side
- 7&8      Left cha-cha stepping left, right, left

## TOUCH RIGHT TOE FORWARD-STOMP RIGHT, TOUCH LEFT TOE FORWARD-STOMP HEELS IN, TOES IN, HEELS IN, TOES IN, STOMP RIGHT, STOMP LEFT

- 1-2      Touch the toes of the right foot forward on the right diagonal, stomp right foot in the same place
- 3-4      Touch the toes on the left foot forward on the left diagonal, stomp left foot in the same place
- 5&6&      Move heels on both feet in a little towards the center, toes in, heels in, toes in (both feet are now in center)
- 7-8      Stomp right, stomp left

## ROCK RIGHT FORWARD, RECOVER, RIGHT SHUFFLE TURN, ROCK LEFT FORWARD, RECOVER, LEFT CHA-CHA

- 1-2      Rock forward on right, recover on left
- 3&4      Do a half turn over right shoulder with a right shuffle, stepping right, left, right
- 5-6      Rock forward on left, recover on right

**7&8** Left cha-cha stepping left, right, left

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=40698](https://www.linedance.com/index.php?f=dance_view&id=40698)