

# SWING, TURN AND TWIST

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**Count:** 64

**Wall:** 1

**Level:** intermediate

**Choreographer:** Mr Lim Peng Chye

**Music:** Down At The Twist & Shout by More Tequila

## SWING STEPS AND TURNS

- 1-4** Charleston steps - swing right foot forward, swing right foot back, swing left foot back, swing left foot forward
- 5** Turn  $\frac{1}{4}$  right, step right foot forward
- 6** Turn  $\frac{1}{2}$  left, step left foot forward
- 7&8** Turn round  $\frac{3}{4}$  right, stepping, right foot, left foot, right foot
- 1-8** Repeat the above 8 opposite steps, starting with swinging left foot forward

## DIAGONALLY FORWARD AND SHUFFLE

- 1-2** Two steps diagonally forward to the right; right foot, left foot
- 3&4** Shuffle right foot: right foot, left foot, right foot
- 5-6** Two steps diagonally forward to the left: left foot, right foot
- 7&8** Shuffle left foot: left foot, right foot, left foot

## CROSS, SWIVEL AND HEEL CHANGE

- 1** Cross right foot over left foot
- 2** Turning to the left, unwind crossing with left foot beside right foot
- 3** Swivel both heels to the left
- &** Swivel both toes to the left
- 4** Swivel both heels to the left and clap
- 5** Swivel both heels to the right
- &** Swivel both toes to the right
- 6** Swivel both heels to the right and clap
- 7&** Step left heel forward and pull foot back beside right foot
- 8&** Step right heel forward and pull foot back beside left foot

## REPEAT OPPOSITE STEPS OF SECTIONS 2 & 3

**1-16** Start with left foot diagonally forward to the left of section 2 and end with left heel forward and pull back beside right foot of section 3

### **PADDLE TURNS TO LEFT AND RIGHT**

**1** Tap right foot forward with weight on left foot

**&** Pivot  $\frac{1}{4}$  turn to the left on left foot

**2&3&4&** Repeat these steps three more times, keep turning to left, ending with weight on left foot (you have made a full turn to the left)

**5&6&7&8** Make a similar full turn to the right

### **FORWARD, CROSS, TURN**

**1-2** Right foot forward, cross left foot over right foot

**3 $\frac{1}{2}$  turn to the right, stepping right foot to the right**

**&** Transfer weight and hips to the left

**4** Transfer weight and hips to the right

**5-6** Left foot forward; cross right foot over left foot

**7 $\frac{1}{2}$  turn to the left, stepping left foot to the left**

**&** Transfer weight and hips to the right

**8** Transfer weight and hips to the left

### **REPEAT**