

So I Can Dance

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Count: 32 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Sue Hall , Canada, (May, 2013)

Music: "Shackles" by Mary, Mary, Album: "Thankful"

16 count intro

MAMBO FORWARD, MAMBO BACK, MAMBO SIDE, MAMBO SIDE

- 1&2** Rock right forward, recover on left, step right back
- 3&4** Rock left back, recover on right, step left forward
- 5&6** Rock to right side, recover on left, step right beside left
- 7&8** Rock to left side, recover on right, step left beside right

PRESS RECOVER, ½ TURN, ½ TURN, ½ TURN WALK, STEP ¼ CROSS

- 1-2** Press forward on right, recover on left
- 3-4½ turn right stepping forward right popping left knee, ½ turn right stepping back left, popping right knee**
- 5-6½ turn right stepping forward right, walk forward left**
- 7&8** Step forward right, ¼ turn left, cross right over left (3:00)

STEP, BEHIND & HEEL & CROSS, STEP BEHIND & HEEL & CROSS

- 1-2** Step to left side, step right behind
- &3&4** Step left to side, touch right heel to right front, step right, cross left over right
- 5-6** Step to right side, step left behind
- &7&8** Step right to side, touch left heel to left front, step left, cross right over left

STEP ½ TURN, SHUFFLE OR LOCK STEP FORWARD, STEP ¼ CROSS, ¼, ½

- 1-2** Step left to left side, ½ turn right stepping to right side (9:00)
- 3&4** Shuffle forward left, right, left (or lock step)
- 5&6** Step forward right, ¼ turn left, cross right over left (6:00)
- 7-8¼ turn right stepping back on left, ½ turn right on ball of left, keeping weight left**

RESTART: On wall 6 (starting at 3:00), after count 16 Instead of doing step, $\frac{1}{4}$, cross, you will do a step, $\frac{1}{4}$, touch, restarting at 6:00.

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=92770