

# Stuck In The Middle

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**Count:** 48

**Wall:** 2

**Level:** Upper Beginner / Easy Intermediate

**Choreographer:** Pauline Greenwood (April 2012)

**Music:** Stuck In The Middle by Adam Harvey / Guy Sebastian. Album: Best So Far [3mins. 4 Secs. - 128 B.P.M.]

**Position: Feet Together, Weight On L Foot. Clockwise Rotation.**

**Dance Starts On The Word 'Well' After 8 Count Intro.**

**[1 -- 8] TOE STRUT. ROCKING CHAIR. SIDE. BEHIND**

**1, 2, 3, 4** Touch R toe forward. Drop R heel. Step L forward. Rock weight back on R.

**5, 6, 7, 8** Step L back. Rock forward onto R. Step L to L side. Step R behind L.

**[9 -- 16] SIDE. TOGETHER. TOE STRUT. ROCKING CHAIR**

**1, 2, 3, 4** Step L to L side. Step R beside L. Touch L toe forward. Drop L heel.

**5, 6, 7, 8** Step R forward. Rock weight back on L. Step R back. Rock weight forward onto L.

**[17 - 24] TOUCH. FORWARD. TOUCH. FORWARD. REGGAE QUARTER**

**1, 2, 3, 4** Touch R toe forward. Step R forward. Touch L toe forward. Step L forward.

**5, 6,, 7 8** Step R across L. Turn 1/4 R stepping L back. Step R to R side. Step L beside R. (3.00)

**[25 - 32] MAMBO. TOUCH. L 45 FORWARD. DRAG. BACK, TOUCH**

**1, 2, 3, 4** Step R forward. Rock weight back on L. Step R back. Touch L beside R.

**5, 6 ,7, 8** Step L to L 45. Drag R behind L. Step R back. Touch L beside R, as you square up (3.00)

**[33 - 40] MAMBO. TOUCH. R 45 FORWARD. DRAG. BACK. TOUCH \***

**1, 2, 3, 4** Step L forward. Rock weight back on R. Step L back. Touch R beside L.

**5, 6 ,7 ,8** Step R to R 45. Drag L behind R. Step L back. Touch R beside L, as you square up (3.00)

**[41 - 48] REGGAE QUARTER. GRAPE VINE**

**1, 2, 3, 4** Step R across L. Turn 1/4 R stepping L back. Step R to R side. Step L beside R.

**5, 6, 7, 8** Step R to R side. Step L behind R. Step R to R side. Step L beside R. (6.00)

**REPEAT**

**TAG: At the end of wall 3 add an 8 count tag. (6.00)**

**[1 - 8] MAMBO. TOUCH. MAMBO .TOUCH.**

**1, 2, 3, 4** Step R forward. Rock weight back on L. Step R back. Touch L beside R.

**5, 6, 7, 8** Step L forward. Rock weight back on R. Step L back. Touch R beside L.

**ENDING\* Dance to Count 40 Reggae 1/2 turn R to face the front.**

**1, 2** Step R across L. Turn 1/4 R stepping L back.

**3, 4** Turn 1/4 R stepping R forward. Step L beside R.

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