

Second Hand Heart

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Low Intermediate

Choreographer: Taren Gaia (SA) Feb. 2016

Music: Second Hand Heart – Ben Haenow ft Kelly Clarkson

Intro: 8 count, start with vocals. Restart on wall 3 after 16 counts

[1-8] Extended apple jack, toe touch, heel touch, rock recover

- 1-2** Step RF over LF, step LF to L side
- 3&4** Step RF behind LF, step LF to RF, dig R Heel to R diagonal (1:30)
- &5&6** Step RF fwd, touch L toe behind R heel, step LF back, dig R Heel to R diagonal
- 7-8** Rock fwd on RF, recover weight onto LF

[9-16] 1/2 chasse, 1/8 chasse, 2 x sailor steps

- 1&2** Making a 1/2 turn R, step RF to R side, step LF to RF, step RF fwd (7:30)
- 3&4** Making 1/8 turn R, step LF to L side, step RF to LF, step LF to L side (9:00)
- 5&6** Step RF behind LF, rock LF to L side, recover weight onto RF
- 7&8** Step LF behind RF, rock RF to R side, recover weight onto LF

[17-24] Kick, L side touch, R touch, L side touch, weave, side step, 1/4 turn

- 1&2&** Kick RF fwd, step RF to LF, Touch L toe to L side, Step LF to RF
- 3&4** Touch R toe to LF, step RF to LF, Touch L toe to L side
- 5&6** Step LF behind RF, step RF to R side, Step LF over RF
- 7-8** Step RF to R side, turn 1/4 L (6:00) transfer weight to LF

[25-32] Fwd chasse, 3/4 turn, extended apple jack

- 1&2** Step RF fwd, step LF behind RF, step RF fwd
- 3-4** Making a 3/4 turn R step back on LF, step RF to R side (3:00)
- 5-6** Step LF over RF, step RF to R side
- 7&8** Step LF behind RF, step RF to LF, dig L Heel to L diagonal (1:30)
- &** Step LF to RF

Repeat

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Please do not alter the step sheet without notifying the choreographer first.

Last Update - 28th Oct 2016

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=109410