

# THE TIME OF MY LIFE

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Roy Hadisubroto

**Music:** I Had The Time Of My Life by Bill Medley & Jennifer Warnes

## ROCK STEP, CROSS SHUFFLE, TICK, SLIDE, 2X TICK, ¼ TURN RIGHT

- 1-2** Rock left to left side, recover on right
- 3&4** Cross left over right, step right to right side, cross left over right
- 5&6** Tick right on toes beside left, step right beside left, step left wide to left side drag right next to left.
- 7&8** Tick right on toes 2x beside left, turn both feet ¼ to the right and put weight on right

## WALK, WALK, LOCK SHUFFLE, LOCKSTEP, 2X ¼ TURN LEFT

- 1-2** Step left forward, step right forward
- 3&4** Step left forward, cross right behind, step left forward
- 5-6** Step right forward, cross left behind right ended 6th position (weight on both feet)
- 7** Turn both feet ¼ to the left (both feet still in cross position)
- 8** Turn both feet ¼ to the left ended on 1st position (at the end put weight on right)

**Do the turning 7 and 8 while standing on the ball of the feet**

## 3X CROSS TRAVELING FORWARD, TOUCH, KICK, 3X CROSS TRAVELING FORWARD, TOUCH, KICK

- 1-2** Cross left over right, cross right over left
- 3&4** Cross left over right, touch right beside left, kick right diagonally to right side
- 5-6** Cross right over left, cross left over right
- 7&8** Cross right over left, touch left beside right, kick left diagonally to left side

## CROSS, BACK, STEP, CROSS, BACK, STEP, POP KNEE, TOUCH, HIP ROLLS

- 1&2** Cross left over right, step right behind left, step left to the left side
- 3&4** Cross right over left, step left behind right, step right to the right side
- 5-6** Pop left knee (2nd position, weight on right), (put left heel down) touch right next to left

**7&8(Put right heel down) roll the hips from the left, through the back to the right (to the left)**

**Feet on 1st position. At the beginning of the hip rolls, the weight is on left, at the end the weight should be on right**

**REPEAT**

**TAG**

**The 11th wall should be done without the last 4 counts (pop knee, touch and the hip rolls)**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=43321](https://www.linedance.com/index.php?f=dance_view&id=43321)