

What's Cooking?

LINEDANCE.COM

Count: 48

Wall: 4

Level: Phrased High Intermediate

Choreographer: Debbie Rushton (UK) Jan. 2016

Music: Like A Mack by Prince (ft Curly Fryz) 4:04

Count In: 5 seconds - on beat and lyrics 'Roll up into town...'

PART A - 32 counts

A1: WALK WALK $\frac{1}{4}$ CROSS $\frac{1}{4}$ TURN, STEP $\frac{1}{2}$ TURN $\frac{1}{4}$ DRAG, BEHIND $\frac{1}{4}$ TURN STEP FORWARD

- 1 2** Walk forward R, Walk forward L
- &3 4** Make $\frac{1}{4}$ turn L stepping R to R side, Cross L over R, Make $\frac{1}{4}$ turn R stepping R forward (12 o'clock)
- 5&6** Step L forward, Pivot $\frac{3}{4}$ turn R taking weight onto R, Step L to L side (9 o'clock)
- 7&8** Cross R behind L, Make $\frac{1}{4}$ turn L stepping L forward, Step R forward (6 o'clock)

A2: BOOGIE WALKS x3, MAMBO STEP & $\frac{1}{4}$ TOUCH, SIDE SHUFFLE

- 1&2** Bending knees slightly, run forward L, R, L
- 3&4** Rock forward onto R, Recover weight back onto L, Step back on R
- &5 6** Step back on L, Make $\frac{1}{4}$ turn R stepping R big step to R side, Touch L beside R (9 o'clock)
- 7&8** Step L to L side, Step R beside L, Step L to L side

A3: CROSS ROCK SIDE ROCK, CROSS $\frac{3}{4}$ UNWIND, HIP ROLL x2 &

- 1&2&** Cross rock R over L, Recover weight onto L, Rock R out to R side, Recover weight onto L
- 3 4** Cross R over L, Unwind $\frac{3}{4}$ turn over L shoulder ending with weight on L (12 o'clock)
- 5 6** Step R out to R side and roll hips counter-clockwise from L to R (taking weight onto R)
- 7 8&** Roll hips clockwise From R to L (taking weight onto L), Step onto R foot

A4: CROSS SIDE BEHIND SIDE CROSS SIDE ROCK, CROSS SIDE ROCK, CROSS $\frac{1}{4}$ TURN $\frac{1}{2}$ TURN

- 1&2&** Cross L over R, Step R to R side, Cross L behind R, Step R to R side
- 3&4** Cross L over R, Rock R out to R side, Recover weight onto L
- 5&6** Cross R over L, Rock L out to L side, Recover weight onto R

7&8 Cross L over R, Make $\frac{1}{4}$ turn L stepping back on R, Make $\frac{1}{2}$ turn L stepping L forward (3 o'clock)

PART B - 16 counts

B1: SIDE TOGETHER SIDE TOUCH x2

1234 Step R to R side, Step L beside R, Step R to R side, Touch L beside R

5678 Step L to L side, Step R beside L, Step L to L side, Touch R beside L

*** Make these steps funky please!**

B2: HEEL, HEEL, BACK, BACK, BUMP & BUMP $\frac{1}{2}$ TURN, ROCK, RECOVER, COASTER STEP

&1&2 Step R forward to R diagonal using R heel, Step L forward to L diagonal using L heel, Step R back in place, Step L beside R

3&4 Step R fwd bumping R hip forward, Take weight back onto L & bump L hip back, Take weight forward onto R bumping R hip forward whilst making $\frac{1}{2}$ turn L (weight ends back on R)

5 6 Rock forward on L, Recover weight back onto R

7&8 Step back on L, Step R beside L, Step L forward

TAG: CROSS BACK SIDE CROSS, SIDE DRAG STEP

1&2& Cross R over L, Step L back, Step R to R side, Cross L over R

3 4 Step R big step to R side whilst dragging L up to R, Step L beside R

SEQUENCE:-

Clock directions are where each wall STARTS

A 12 o'clock

A 3 o'clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 12 o'clock

B 12 o'clock

A 6 o'clock

A 9 o'clock

A 12 o'clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock

B 9 o clock

B 3 o clock

A 9 o clock

A 12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock

A 9 o clock

A 12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag

TAG 9 o clock

A 9 o clock

TAG 12 o clock

A 12 o clock

A 3 o clock - Dance up to Count 16 (L side shuffle) and go straight into PART B

B 12 o clock

B 12 o clock

TAG 12 o clock to FINISH!

NOTES!!

On *almost* every 'A' which goes into a Tag, he sings 'WHAT'S COOKING?' when you are dancing counts '13'. This is your cue that a tag is going to happen after count 16!

The only time this doesn't happen is on the 5th Tag which comes at the END of A so you just have to remember that one.

I PROMISE IT'S NOT AS SCARY AS IT LOOKS. YOU CAN HEAR IT IN THE SONG.

WHAT'S COOKING??..... A TAG!

Contact: debmcwotzit@gmail.com