

# TJUKKEN

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**Count:** —                      **Wall:** 1                      **Level:** beginner/intermediate

**Choreographer:** Michael Andersson

**Music:** Nei, Så Tjukk Du Har Blitt by Ole-Ivars

**Sequence:** AABBC, AABBC, AABBC, AA, D

**3rd place in Norwegian Country & Western Dance Championships 2003**

## PART A

### EXTENDED WINE RIGHT, KICK

- 1-2            Step right to right, hold
- 3-4            Cross left behind right, hold
- 5-6            Step right to right, cross left in front of right
- 7-8            Step right to right, kick left forward

### EXTENDED WINE LEFT, KICK

- 1-2            Step left to left, hold
- 3-4            Cross right behind left, hold
- 5-6            Step left to left, cross right in front of left
- 7-8            Step left to left, kick right forward

### ¼ PIVOT RIGHT, ½ PIVOT RIGHT, COASTER STEP

**1-2¼ turn right stepping right, hold**

**3-4½ turn right stepping back on left, hold**

- 5-6            Step back on right, left next to right
- 7-8            Step right forward, hold

### RUNNING STEPS FORWARD WITH HITCH AND JUMP TWICE

- 1-2            Step forward with left, step forward with right
- 3-4            Step forward on left, small jump on left & hitch right
- 5-6            Step forward with right, step forward with left

7-8 Step forward on right, small jump on right & hitch left

### **STEP BACK WITH KICK TWICE, SAILOR TURN $\frac{1}{4}$ LEFT**

1-2 Step back on left, kick right forward

3-4 Step back on right, kick left forward

5-6 Cross left behind right, step right to right

7-8 Turn  $\frac{1}{4}$  left step forward on left, hold

### **PART B**

### **STEP OUT TWICE, CENTER TWICE**

1-2 Step right to right, hold

3-4 Step left to left, hold

5-6 Step right to center, hold

7-8 Step left to center, hold

### **PUSH STEPS WITH $\frac{3}{4}$ TURN LEFT**

1-2 Push step to right, hold

**3-4 $\frac{1}{4}$  turn left & push step to left, hold**

**5-6 $\frac{1}{4}$  turn left & push step to right, hold**

**7-8 $\frac{1}{4}$  turn left & push step to left, hold**

### **SLOW SHUFFLE BACK, SLOW TRIPLE TURN LEFT**

1-2 Step back on right, left next to right

3-4 Step back on right, hold

5-6 Left lock behind right  $\frac{1}{4}$  turn left, step right to right

**7-8 $\frac{1}{4}$  turn left step forward on left, hold**

### **SIDE ROCK, CROSS, SIDE ROCK, CENTER**

1-2 Step right to right, recover on left

3-4 Step right in front of left, hold

5-6 Step left to left, recover onto right

7-8 Step left next to right, hold

## **PART C**

### **JAZZ BOX WITH ½ TURN RIGHT**

- 1-2** Cross right in front of left, step back on left turning ¼ right
- 3-4** Step right on right turning ¼ right, step left next to right

## **PART D**

### **OUT TWICE, IN TWICE**

- 1-2** Step right out, step left out
- 3-4** Step right to center, step left to center
- 5-6** Step right out, step left out
- 7-8** Step right to center, step left to center

### **CROSS UNWIND, KICK & POINT**

- 1-2** Cross right in front of left
- 3-4** Unwind full turn left
- 5&6** Kick & point