

SLEEP

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: William Sevone

Music: Sleep by Texas Featuring Paul Buchanan

4X SIDE STEP-TOUCH WITH EXPRESSION (12:00)

1-2(Turning body diagonally right) step right foot to right, (turning to face forward) touch left next to right

3-4(Turning body diagonally left) step left foot to left, (turning to face forward) touch right next to left

5-6(Turning body diagonally right) step right foot to right, (turning to face forward) touch left next to right

7-8(Turning body diagonally left) step left foot to left, (turning to face forward) touch right next to left

The above 8 counts are done 'softly', and moving slightly backward

TOE STEP, ½ RIGHT, 2X STEP LOCKSTEP, FORWARD, PIVOT ½ RIGHT (12:00)

9-10 Step right toe backward, turn ½ right (dropping right heel to floor)

11&12 Step lockstep forward - stepping left, right-left

13&14 Step lockstep forward - stepping right, left-right

15-16 Step forward onto left foot, pivot ½ right (weight on right)

CROSS, BACK, 2X SWAY, 2X CROSS SHUFFLE WITH EXPRESSION (12:00)

17-18 Cross step left over right, step backward onto right foot

19-20 Sway body - stepping left foot to left, sway to right

21&22 Cross shuffle right - stepping left, right-left

23&24 Cross shuffle left - stepping right, left-right

Cross shuffles are moving slightly forward

2X SWAY, 2X CROSS SHUFFLE WITH EXPRESSION, FORWARD, ¼ RIGHT TOUCH (3:00)

25-26 Sway body - stepping left foot to left, sway to right

27&28 Cross shuffle right - stepping left, right-left

29&30 Cross shuffle left - stepping right, left-right

Cross shuffles are moving slightly forward

31-32 Step left foot forward, turning $\frac{1}{4}$ right - touch right next to left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=38843