

**Count:** 64

**Wall:** 4

**Level:** Upper Intermediate

**Choreographer:** Tony Myers (Sept 2013)

**Music:** 'Secrets' by One Republic

## 32 Count Intro (Vocals)

**Scuff, Out, Out: Swivel Heels, Point: Behind, Turn, Side: Right Side, Together, Side Rock, Recover**

- 1&2** Scuff left foot forward (1) Step out on left (&) Step out on right (2)
- &34** Swivel heels to left (&) Swivel heels back to centre (3) Point left to side (4)
- 5&6** Step left behind right (5) Turn  $\frac{1}{4}$  right step right forward (&) Step left to side (6) (3:00)
- 7&8&** Step right to side (7) Step left with right (&) Rock right to side (8) Recover weight on left (&)

## Cross Shuffle: Shuffle Turn: Rock Back, Recover, Side: Rock Back, Recover, Turn, Touch

- 1&2** Cross right over left (1) Step left to side (&) Cross right over left (2)
- 3&4** Turn  $\frac{1}{4}$  left on left (3) Step right with left (&) Turn  $\frac{1}{4}$  left step forward on left (4) (9:00)
- 5&6** Rock right behind left (5) Recover weight on left (&) Step right to side (6)
- 7&8&** Rock left behind right (7) Recover on right (&) Turn  $\frac{1}{4}$  left step left forward (8) Touch right to left (&) (6:00)

## Side, Together, Back: Coaster Step: & Side, Together, Forward: Mambo Turn

- 1&2** Step right to side (1) Step left with right (&) Step back on right (2)
- 3&4** Step back on left (3) Step right with left (&) Step forward on left (4)
- &5&6** Step right with left (&) Step left to side (5) Step right with left (&) Step forward on left (6)
- 7&8** Rock forward on right (7) Recover weight on left (&) Turn  $\frac{1}{2}$  right step forward on right (8) (12:00)

## & Full Turn: Point & Point: & Cross rock & Step: Cross Rock & Step

- &12** Step left with right (&) Turn  $\frac{1}{2}$  left step back on right (1) Turn  $\frac{1}{2}$  left step forward on left (2)
- 3&4** Point right to side (3) Step right with left (&) Point left to side (4)
- &5&6** Step on left next to right (&) Rock right over left (5) Recover weight on left (&) Step right to side (6)

**7&8** Rock left over right (&) Recover weight on right (&) Step left to side (8)

### **Back Step, Lock, Step: Step, Turn, Step: Rock, Turn, Cross: & Sailor Step**

**1&2** Step back on right (1) Lock left across right (&) Step back on right (2)

**3&4** Step forward on left (3) Pivot  $\frac{1}{2}$  turn right (&) Step forward on left (4) (6:00)

**5&6** Rock right to side (5) Recover weight on left turning  $\frac{1}{4}$  left (&) Cross right over left (6) (3:00)

**&7&8** Step back on left (&) Step Right behind left (7) Step left to side (&) Step right to side (8)

### **Side, Touch, Turn, Touch: Side Chasse: Hitch, Point, Hitch, Point: Box $\frac{1}{4}$ Turn**

**1&2&** Step left to side (1) Touch right to left (&) Turn  $\frac{1}{4}$  right step right to side (2) Touch left to right (&) (6:00)

**3&4** Step left to side (3) Step right with left (&) Step left to side (4)

**5&6&** Hitch right knee across left (5) Point right to side (&) Hitch right knee across left (6) Point right to side (&)

**7&8** Cross right over left (7) Turn  $\frac{1}{4}$  right step back on left (&) Step right to side (8) (9:00)

### **& Side & Cross: Cross, Side, Behind: & Sway Left, Right: Side, Behind, Turn**

**&1&2** Step left to right (&) Step right to side (1) Step left with right (&) Cross right over left (2)

**3&4** Cross left over right (3) Step right to side (&) Step left behind right (4)

**&56** Step right slightly to side (&) Sway left to side (5) Sway right to side (6)

**7&8** Step left to side (7) Step right behind left (&) Turn  $\frac{1}{4}$  left step forward on left (8) (6:00)

### **Toe Strut, Rock, Recover: Rock & Cross: Step, Turn, Step: Kick Ball Step**

**1&2&** Touch right toes forward (1) Step down on right (&) Rock back on left (2) Recover weight on right (&)

**3&4** Rock left to side (3) Recover weight on right (&) Cross left over right (4)

**5&6** Step right forward (5) Pivot  $\frac{1}{4}$  left (&) Step forward on right (6) (3:00)

**7&8** Kick left forward (7) Step on left (&) Step right to side (8)

### **Enjoy**

**Contact: [tonymyers@live.co.uk](mailto:tonymyers@live.co.uk)**