

# SETTLE FOR A SLOWDOWN

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Jeanette Robson

**Music:** Settle For A Slowdown by Dierks Bentley

**RIGHT SIDE, ROCK BACK, LEFT SIDE, ROCK BACK, ½ TURN LEFT, RIGHT SIDE ROCK BACK, LEFT SIDE ROCK BACK**

**1-2&** Step right foot to right side, rock left back behind right, recover weight onto right

**3-4&** Step left foot to left side, rock right back behind left, recover weight onto left

**5-6&½ hinge turn over left, step right foot to right, side rock left back behind right, recover weight on right**

**7-8&** Step left foot to left side, rock right back behind left, recover weight onto left

**SKATE RIGHT, LEFT, RIGHT SHUFFLE, ROCK FORWARD LEFT RECOVER LEFT TOE BEHIND ½ TURN UNWIND**

**1-2** Skate right, skate left (moving right foot in semi circular motion in/out and then same with left)

**3&4** Step right forward bring left foot up to right, step right forward

**5-6** Rock forward on left, recover weight on right foot

**7-8** Touch left toe behind right foot, unwind ½ turn over left, weight on left

**TOE TOUCH HOOK ¼ TURN (RIGHT) SHUFFLE, TOE TOUCH HOOK ½ TURN (LEFT) SHUFFLE**

**1-2** Touch right toe forward, hook right foot across in front of left leg

**3&4** Step right foot to right side turning ¼ turn to right, bring left foot up to right foot step right foot forward

**5-6** Touch left toe forward, hook left foot across in front of right leg

**7&8** Step left foot to left side turning ½ turn to left, bring right foot to left foot, step left foot forward

**SWAY RIGHT, SWAY LEFT, CHA-CHA-CHA RIGHT, SWAY LEFT, SWAY RIGHT CHA-CHA-CHA LEFT**

**1-2** Sway right hip to right, sway left hip to left

- 3&4** Triple on the spot right, left, right
- 5-6** Sway left hip to left, sway right hip to right
- 7&8** Triple on the spot left, right, left

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=37636](https://www.linedance.com/index.php?f=dance_view&id=37636)