

SOUL SISTER

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Count: 32 **Wall:** 4 **Level:** —

Choreographer: A.T. Kinson

Music: Lady Marmalade by All Saints

SIDE STEP, SYNCOPATED CROSS ROCK/KNEE LIFT, SAILOR SHUFFLE, CROSS STEP- $\frac{3}{4}$ TWIST, COASTER STEP

- 1-2** Left foot step to left side, right foot rock across left foot
- &3** Recover weight to left foot, lift right knee into figure 4
- 4&** Right foot step across behind left foot, left foot step to left side
- 5-6** Right foot step in place, left foot step across in front of right foot
- 7** Twist turn right $\frac{3}{4}$ ending with right foot in front of left foot (weight on left foot)
- 8&1** Right foot step back, left foot step next to right foot, right foot step forward

$\frac{1}{4}$ RIGHT, FORWARD ROCK, BACK PIVOT TURNING RIGHT, TWO FORWARD STEPS, SIDE BREAK, SIDE TOGETHER LEFT

- 2** Turning $\frac{1}{4}$ right rock left foot forward (yes, $\frac{1}{4}$ right)
- 3-4** Recover weight to right foot, left foot step back with $\frac{1}{2}$ pivot turn right
- &5** Right foot step forward, left foot step forward
- 6&7** Right foot step to right side, left foot step in place, right foot step next to left foot
- 8&** Left foot step to left side, right foot step next to left foot

$\frac{1}{4}$ LEFT, FORWARD STEP, ROCK/TAP STEP, $\frac{1}{4}$ RIGHT, SIDE TOGETHER SIDE, ROCK & RONDE $\frac{1}{2}$ LEFT, COASTER STEP

- 1-2** Turning $\frac{1}{4}$ left step left foot forward, right foot rock forward
- &3** Tap toe of left foot behind right foot with calves crossed, recover weight to left foot turning $\frac{1}{4}$ right
- 4&5** Right foot step to right side, left foot step next to right foot, right foot step to right side
- 6-7** Left foot rock forward, recover weight to right foot and ronde left foot $\frac{1}{2}$ left
- 8&1** Left foot step back, right foot step next to left foot, left foot step forward

FORWARD ROCK, $\frac{1}{4}$ TURN RIGHT, SYNCOPATED SIDE ROCK, BACK ROCK, SIDE TOGETHER LEFT

- 2-3 Right foot rock forward, recover weight to left foot
- 4 Turning body $\frac{1}{4}$ right step right foot to right side
- &5 Left foot step in place, right foot step next to left foot
- 6-7 Left foot rock back, recover weight to right foot
- 8& Left foot step to left side, right foot step next to left foot

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=39966