

ROCKIN' CHA

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Count: 55

Wall: 2

Level: intermediate

Choreographer: Damon D'Amico

Music: Tropical Depression by Alan Jackson

PREAMBLE

(Only done to initiate the dance. Does not repeat. Sets up the 4 count cha-cha.)

- 1 Side step right
- 2 Left forward
- 3 Rock back on right

BEGIN

LEFT SHUFFLE, $\frac{1}{4}$ TURN LEFT, FORWARD SHUFFLE

- 4&1 Side step left, slide right next to left, side step left
- 2&3 Turn $\frac{1}{4}$ to the left while stepping right forward across left, lock step behind right, step right forward

HITCH-TURN $\frac{1}{4}$ RIGHT, TURN $\frac{1}{4}$ LEFT, ROCK STEPS

- 4 Hitch left knee while pivoting on right foot $\frac{1}{4}$ turn to the right
- 1 Step left next to right
- 2 Turn $\frac{1}{4}$ to the left while stepping forward with right across left
- 3 Rock back on left

TURN $\frac{1}{4}$ RIGHT, RIGHT SHUFFLE, TURN $\frac{1}{4}$ RIGHT, FORWARD SHUFFLES

- 4&1 Turn $\frac{1}{4}$ to the right sidestepping with right, slide left next to right, side step with right
- 2&3 Turn $\frac{1}{4}$ to the right while stepping left forward across right, lock right behind left, left forward

HITCH-TURN $\frac{1}{4}$ LEFT, TURN $\frac{1}{4}$ RIGHT, ROCK STEPS

- 4 Hitch right knee while pivoting on left foot $\frac{1}{4}$ turn to the left
- 1 Step right next to left
- 2 Turn $\frac{1}{4}$ to the right while stepping forward with left across right

3 Rock back on right

TURN $\frac{1}{4}$ LEFT, LEFT SHUFFLE, FULL TURN LEFT

4&1 Side step left turning $\frac{1}{4}$ to the left, slide right together, while turning $\frac{1}{4}$ to the left step left forward

2 Cross right over left

3 Continue to turn another $\frac{3}{4}$ to the left

RIGHT SHUFFLE, FULL TURN RIGHT

4&1 Side step right, slide left together, while turning $\frac{1}{4}$ to the right step right forward

2 Cross left over right

3 Continue to turn another $\frac{3}{4}$ turn to the right

LEFT SHUFFLE, HOLD RIGHT, AND ROCK

4&1 Side step left, slide right next to left, side step left

2 Hold

&3 Step back with right, rock step on left

FORWARD SHUFFLE, PIVOT RIGHT

4&1 Right forward, left next to right, right forward

2 Left forward

3 Pivot $\frac{1}{2}$ to the right

$\frac{1}{2}$ TO THE RIGHT SHUFFLE, ROCK STEPS

4&1 Step left forward, while turning to the right $\frac{1}{2}$ turn step right back together, step left back

2 Step right back

3 Rock forward on left

SHUFFLE $\frac{1}{2}$ TO THE LEFT, ROCK STEPS

4&1 Step right forward, while turning to the left $\frac{1}{2}$ turn step left back together, step right back

2 Step back on left

3 Rock forward on right

LEFT SHUFFLE, $\frac{1}{4}$ LEFT TURN, ROCK STEP

4&1 Side step left, slide right together, while turning $\frac{1}{4}$ to the left step left forward

2 Step right forward

3 Rock back on left

ROCK STEPS, ¼ RIGHT, SIDE SHUFFLE

4 Rock forward on right

1 Rock back on left

2&3 While turning ¼ to the right side step right, slide left together, side step right

¼ RIGHT, ROCK STEPS

4 While turning ¼ to the right, step left forward

1 Rock back on right

2 Rock forward on left

3 Rock back on right

REPEAT