

SWING IT BACK

LINEDANCE.COM

Count: 32

Wall: 2

Level: beginner hustle

Choreographer: Debbie Hopkins, Ardythe Cain, Carol Sutherland, Deb Immel & Terry Osborne

Music: Swing It Back by Dance Mijangos

INTRO

- &1-2** Step back right left, hold
- &3-4** Step forward right left, hold
- &5&8** Step back right left, right left, right left, right left
- &9-10** Step forward right left, hold
- &11-12** Step back right left, hold
- &13&16** Step forward right left, right left, right left, right left
- 17-32** Repeat the above sequence one more time then start the dance

THE MAIN DANCE

SHIMMY RIGHT, SHIMMY LEFT, TOUCH RIGHT

- 1-4** Step right foot to right (1) shimmy(2), left foot together(3) shimmy(4)
- 5-8** Step left foot to left (5) shimmy(6), touch right foot(7) shimmy(8)

ROCKING CHAIR, SHUFFLE BACK TWICE

- 9-12** Rock back on right, forward on left, forward on right, back on left
- 13&14** Right foot back, left together, right back
- 15&16** Left foot back, right together, left back

RIGHT KICK BALL POINT, LEFT KICK BALL POINT, PADDLE ¼ TURN TWICE

- 17-20** Right kick ball point left, left kick ball point right
- 21-24** Step forward right, ¼ turn left, step forward right, ¼ turn left

STEP TOUCHES, STEP TOGETHER, STEP TOUCH

- 25-28** Step side right, touch left, step side left touch right
- 29-32** Step right together left, step right together left

REPEAT

If you do the thirty-two count intro, you will start the dance after 24 counts. If you choose not to do the intro you will start the dance after 56 counts

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=41692