

What Hurts The Most

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Ayu Permana , (INA), Oct. 2014

Music: What Hurts The Most by Rascal Flatts

Start after 16 counts music intro (32 - 32 - TAG(8) - 32 - 32 - TAG(6) - 16 - 32 - 24 ..)

SECTION 1.: CROSS - WEAVE - SIDE - RECOVER - CROSS - (2X) ¼ TURN - CROSS - RECOVER - CROSS (06.00)

- 1** Cross R over L
- 2 & 3** Sweep L from back to front, cross L over R - Step R to right side - Step L behind R
- 4 & 5** Step R to right side - Recover on L - Cross R over L
- 6 - 7** Turn ¼ right, step back on L (03.00) - Turn ¼ right, step R to right side (06.00)
- 8 & 1** Cross L over R - Recover on R - Slide L to left side

SECTION 2. FORWAD LOCKSTEP - FORWARD - ¼ TURN - CROSS - ¼ TURN - ½ TURN - ½ PIVOT TURN - FORWARD (06.00)

- 2 & 3** Step R forward - Lock L behind R - Step R forward
- 4 & 5** Step L forward - Turn ¼ right on R (09.00) - Cross L over R (slightly bend both knees)
- 6 - 7** Turn ¼ left, step back on R (06.00) - Turn ½ left, step L forward (straighten knees) (12.00)
- 8 & 1** Step R forward - Turn ½ right on L (06.00) - Step R forward

****RESTART: on wall 5**

SECTION 3. (2X) FORWARD LOCKSTEPS - FORWARD - RECOVER - ¼ TURN - CROSS SHUFFLE (03.00)

- 2 & 3** Step L forward - Lock R behind L - Step L forward
- 4 & 5** Step R forward - Lock L behind R - Step R forward
- 6 & 7** Step L forward - Recover on L - Turn ¼ left, step L to left side (03.00)
- 8 & 1** Cross R over L - Step L to left side - Cross R over L

SECTION 4. SCISSORS - (DIAGONAL) FWD COASTER STEP - 3/8 TURN - TOGETHER (06.00)

- 2 & 3** Slide L to left side - Step R next to L - Cross L over R

- 4 & 5** Slide R to right side - Step L next to R - Cross R over L
- 6 & 7** Step L forward diagonally left (01.30) - Step R next to L - Step L backward
- 8 &** Sweep/ronde R making 3/8 turn right to face (06.00), step R slightly backward - Step L next to R

REPEAT

TAGS & RESTART:

***1st TAG(8): at the end of wall 2**

- 1 - 2 & 3 &** Cross R over L - Sweep and cross L over R - Step R next to L - Cross L behind R - Step R next to L
- 4 & 5 - 6** Cross L over R - Step R next to L - Step L slightly backward - Touch R toe to right side
- 7 - 8 &** Touch R toe next to next to L - Cross R over L - Recover on L

****2nd TAG(6): at the end of wall 4**

- 1 - 2 & 3 &** Cross R over L - Sweep and cross L over R - Step R next to L - Cross L behind R - Step R next to L
- 4 & 5 - 6** Cross L over R - Step R next to L - Step L slightly backward - Touch R toe to right side

RESTART: On wall 5, do the dance for 16 counts only then start the next wall from the beginning

ENJOY AND HAPPY DANCING

Contact person: permanaayu@yahoo.com