

# Start Over

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**Count:** 32      **Wall:** 2      **Level:** Intermediate / High Intermediate

**Choreographer:** Dee Musk (UK) Sept 2011

**Music:** 'Start Over' by Beyonce. Album: 4. [approx 3 mins 19 secs. BPM 76]

## 16 Count Intro - approx 13 seconds.

### Cross Back Side, Cross Back Side, Walk Walk, ½ Turn L, ¼ Turn L, Point.

- 1,2&** Travelling slightly backwards cross R over L, step back on L, step R to R side.
- 3,4&** Travelling slightly backwards cross L over R, step back on R, step L to L side.
- 5,6** Walk forward R, walk forward L.
- 7&8** Make a ½ turn L stepping back on R, make a ¼ turn L stepping L to L side, Point R toe to R side. (3 o'clock)

### Ronde ¼ Turn, Cross Side Behind Ronde, Anchor Step, Ronde Behind Side Cross, Side Together.

- 1** Placing weight on R make a ¼ turn R and ronde L to in front of R.
- 2&3** Cross L over R, step R to R side, cross L behind R and ronde R to behind L.
- 4&5** Rock back on R, recover weight forward on L, rock back on R.
- 6&7** Ronde L from in front to behind R crossing L behind R, step R to R side, cross L over R.
- 8&** Step R to R side, step L beside R.

**\* Restart 1 from here during wall 2, begin again facing 12 o'clock wall. (6 o'clock)**

**\*\* Restart 2 from here during wall 5, begin again facing 6 o'clock wall.**

### Cross ¼ Turn R Step Back L, Step Back R, Coaster Cross, Side Rock Cross, Hinge ½ Turn R, Cross Rock Side.

- 1,2&** Cross R over L, make a ¼ turn R stepping back on L, step back on R.
- 3&4** Step back on L, step R beside L, cross L over R.
- 5&6** Rock R to R side, recover weight to L, cross R over L.
- &7** Make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side.
- &8&** Cross rock L over R, recover weight to R, step L to L side. (3 o'clock)

**Cross, ½ Turn L With Cross Side Touch Behind, Unwind ½ Turn L, Run Back R,L,R Touch Back, ½ Turn L, Step Back ¼ Turn L.**

- 1** Cross R over L.
- 2&3** Make a ½ turn L cross stepping L over R, step R to R side, touch L toe behind R.
- 4** Unwind a ½ turn L (weight on L).
- 5&6** Run back R, run back L, run back R.
- &7** Touch L toe back, make a ½ turn L (weight forward on L).
- 8&** Step back on R, make a ¼ turn L stepping L to L side. (6 o'clock)

**\* Restart 1 - during wall 2, dance up to and including count 16& then begin again facing 12 o'clock.**

**\*\* Restart 2 - during wall 5, dance up to and including count 16& then begin again facing 6 o'clock.**

**xx Relax and enjoy xx**