

Saddle Up Shawty (aka Hip Hop Twist)

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Count: 48

Wall: 4

Level: Intermediate

Choreographer: Guyton Mundy (Feb 08)

Music: Saddle Up Shawty (Club Mix) by Mikel Knight; CD: Urban Cowboy

Intro: None, cold start immediately after the rooster crows

Kick, Step; Kick, Hook; Step; Hold (add hands), Hitch; Walk back & Touch; Left Hip bumps x 2

1&2& Low kick R fwd, step on R, Low kick L fwd, Hook L over R knee,

3&4 Step L slightly fwd (3) Hold on (&) Shift weight back to R and hitch L up (4)

[Hands: L arm out to low left side with R fist at inside of L elbow (3), R arm out to low right side with L fist at inside of R elbow (&), Leaving L arm across body, bend R arm up vertically over R shoulder on same count as L leg hitch(4)]

5 & 6 Walk back L, walk back R, Touch L out to left side

7, 8 Bump L hip up and to the left twice (12:00)

Step to L side; Quarter-turn Sailor; Half-turn Sailor; R shuffle fwd; Step fwd L

1, Step L to left side

2&3 Step R behind L, turn $\frac{1}{4}$ to left stepping fwd on L, step R to right side

4&5 Step L behind R turning $\frac{1}{4}$ to left, Step R to right side turning $\frac{1}{4}$ to left, Step L fwd

6&7 Step R fwd, Step L next to R, Step R fwd

8 Step fwd on L (3:00)

Step R fwd, Half-turn hip roll; Half-turn Sailor; Step R fwd, Half-turn hip roll; L Coaster Step

1, 2 Step R fwd, Roll hips around in counter-clockwise $\frac{1}{2}$ turn (weight stays on R)

3&4 Step L behind R turning $\frac{1}{4}$ to left, Step R to right side turning $\frac{1}{4}$ to left, Step L fwd

5, 6 Step R fwd, Roll hips around in counter-clockwise $\frac{1}{2}$ turn (weight stays on R)

7&8 Step L back, Step R back next to L, Step L fwd (9:00)

Funky skates fwd x 2; Cross, back, $\frac{1}{4}$ turn; $\frac{1}{4}$ turn; $\frac{1}{2}$ turn; L Shuffle fwd

- 1, 2** Big step up and out with R to right side, Big step up and out with L to left side
- 3&4** Cross step R over L; Step back on L; Step R to right side turning $\frac{1}{4}$ to right
- 5, 6** Turn $\frac{1}{4}$ to right stepping L to left side; Half Hinge turn to the back over R shoulder stepping R to right side
- 7&8** Step L fwd, Step R next to L, Step L fwd (9:00)

****Restart here on wall 6**

Right Out, Out, In, In, Scuff, Hitch, Step; Left Out, Out, In, In, Scuff, Hitch, Step

- 1&2&** Step R out to right side, Step L out to left side, Step R in to center, Step L in to center
- 3&4** Scuff R, Hitch R, Step on R next to L
- 5&6&** Step L out to left side, Step R out to right side, Step L in to center, Step R in to center
- 7&8** Scuff L, Hitch L, Step on L next to L (9:00)

Step Side Right; Split Heels; Small Hip Rolls; Chasse to left; Quarter-turn paddles x 2

- 1&2** Step R out to right side; with weight on balls of feet, split heels out and back to center (Knees go in)
- 3, 4** Roll hips in small counter-clockwise circle; repeat (weight stays on R)
- 5&6** Step L to left side; Step R next to L; Step L to left side
- 7, 8** Keeping weight on L for both counts, paddle $\frac{1}{4}$ to left touching R foot to right side; paddle $\frac{1}{4}$ to left touching R foot to right side (3:00)

****Restart: After 32 counts of Wall 6 you will be facing the original starting wall. Restart the dance from the beginning after the Left Shuffle forward (count 32).**