

# There I Said It

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**Count:** 40                      **Wall:** 2                      **Level:** Intermediate

**Choreographer:** Val O'Connor (June 2016)

**Music:** There I Said It by Adam Lambert (4.18) Album: The Original High

**Intro: 16 Counts ( 19 Secs Approx ), Start On The Word "Say"**

**FORWARD R (SWEEP L), WEAVE (SWEEP R), R BEHIND SIDE CROSS, L SIDE ROCK CROSS, ¼ L, ½ L SHUFFLE (SWEEP R)**

**1-2&3**        Step R forward (sweep L) , cross L, (&) R to R side, cross L behind R (sweep R)

**4&5**         Cross R behind L, (&) L to L side, cross R over L

**6&7&**        Rock L to L side, (&) recover onto R, cross L over R, (&) ¼ L step back on R (9)

**8&1½ L step forward L, (&) step R next to L, step forward on L ( sweep R forward) ( 3 )**

**OPTION FULL TURN : 8& 1 ½ L step forward L, (&) ½ L step back on R, ½ L step forward on L ( sweep R forward)**

**CROSS R SIDE BEHIND (SWEEP L), L BEHIND SIDE R, L CROSS ROCK SIDE ROCK, CROSS TOUCH L, SWEEP L, BEHIND ¼ STEP**

**2&3-4&**     Cross R over L, (&) L to L side, cross R behind L (sweep L), step L behind R, (&) R to R side

**5&6&**        Cross rock L over R, (&) recover back on R, rock L to L side,(&) recover on R

**7&8&1**     Cross touch L over R, (&) sweep L around, step L behind R,(&) ¼ R step forward, step forward L (sweep R) (6)

**CROSS R, L SIDE ROCK CROSS, R SIDE ROCK, SWAY R L, & CROSS L UNWIND FULL R, R DIAG SHUFFLE LUNGE**

**2&3&4&**     Cross R over L, (&) rock L to L side, , recover on R, (&) cross L over R, rock R to R side (&) recover on L

**5-6&7**     Sway R to R side, sway L to L side, (&) step R next to L, cross L as you unwind full R ( keep weight on L )

**8&1**        To R diagonal step forward R, (&)step L next to R, lunge forward onto R ( Facing R diagonal )

**SLOW L ROCK BACK RECOVER, L FORWARD ROCK BACK L (DRAG R), BACK R ½ L FORWARD R, L MAMBO,**

**2-3-4&5** Slow rock back on L ( look back over L shoulder), recover forward on R, L forward rock, (&)  
recover on R,Take long step back on L ( drag R towards L )

**6&7&8&** Step back on R, (&) ½ L step forward L ( opposite diagonal), step forward R, (&) rock  
forward on L, recover Back on R, (&) step back on L

**BACK R( SWEEP L), BACK L (SWEEP R), R ROCK BACK FORWARD R, ½ R, BACK R (SWEEP  
L), BACK L (SWEEP R), R ROCK BACK SIDE ROCK**

**1-2-3&4(Diag) Step back R (sweep L), step back L (sweep R), rock back on R, (&) recover  
forward on L, step forward R**

**&5-6-7&8&(Diag) (&) ½ R step back L, Step back R (sweep L), step back L (sweep R), rock  
back R, (&) recover forward on L , 1/8 L rock R to R side , (&) recover on L ( Facing 6 o clock )**

**RESTART FROM BEGINNING**

**RESTART: DURING WALL 3 - Dance up to section 3, counts 2&3&4& ( FACING BACK  
WALL ), restart from the beginning**

**Please Note this dance is not fast especially the beginning.**

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