

# Shiftwork

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**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Moses Bourassa,Jr . & Barbara Frechette (USA) Jan 08

**Music:** Shiftwork by Kenny Chesney & George Strait

## Also:

**The More I Drink by Blake Shelton**

**So Not My Baby by Josh Turner**

**Start at vocals**

## Toe-Heels ,Coaster

- 1 Touch left toe inwards towards right arch
- 2 Touch left heel forward
- 3&4 Step back on left ,step back on right ,step forward on left
- 5 Touch right toe inwards towards left arch
- 6 Touch right heel forward
- 7&8 Step back on right ,step back on left ,step forward on right

## Hips Sways,1/4 CCW Turning Shuffles

- 1 Step left forward and sway left hip forwards (weighted)
- 2 Step back on right and sway right hip backwards (weighted)
- 3& Step forward on left ,step forward on right
- 4 Step left making  $\frac{1}{4}$  CCW Turn
- 5& Step right to right side ,step left next to right
- 6 Step right back making  $\frac{1}{4}$  CCW turn
- 7 Step left to left side making  $\frac{1}{4}$  CCW Turn
- &8 Step quickly with right next to left. step left next to right

## Toe-Heels ,Coaster

- 1 Touch right toe inwards towards left arch
- 2 Touch right heel forward

- 3&4** Step back on right ,step back on left ,step forward on right
- 5** Touch left inwards towards right arch
- 6** Touch left heel forward
- 7&8** Step back on left ,step back on right ,step forward on left

### **Forward Shuffles ,Hips Sways ,1/2 CCW Turning Shuffle**

- 1&2** Shuffle forward right ,left ,right
- 3** Step forward on left and sway hips forward (weighted)
- 4** Step back on right and sway hips backwards (weighted)
- 5&** Step left making  $\frac{1}{4}$  CCW turn ,step right next to left
- 6** Step forward on left making  $\frac{1}{4}$  CCW Turn
- 7&8** Shuffle forward right ,left ,right

### **Begin again.**