

Tranquila

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Count: 64 **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: Anthony (MLD-INA) June 2015

Music: Tranquila 2014 By: Thalia Feat. Fat Joe

Pattern: A A A - B B - A A A A - B B - A A A - B B - Tag - B B - A

Start Dancing On Vocal

SECTION A: 32 Counts

A.I. HALF RUMBA BOX - HALF RUMBA BOX

1-2-3-4R step to side, L step next to R, R step forward, hold

5-6-7-8L step to side, R step next to L, L step forward, hold

A.II. CHARLESTON

1-2-3-4R touch forward with sweep action, R touch backward with sweep action, R step in place, hold

5-6-7-8L touch backward with sweep action, L touch forward with sweep action, L step in place, hold

A.III. PIVOT $\frac{1}{4}$ TO LEFT - CROSS - $\frac{3}{4}$ TURN, STEP FORWARD

1-2-3-4R step forward, turn $\frac{1}{4}$ to left then recover to L (09.00), R cross over L, hold

5-6-7-8 turn $\frac{1}{4}$ to right then L step backward (12.00), turn $\frac{1}{2}$ to right then R step forward (06.00), L step forward, hold

A.IV. FORWARD LOCK STEP

1-2-3-4R step forward, L step behind R, R step forward, hold

5-6-7-8L step forward, R step behind L, L step forward, hold

SECTION B: 32 Counts

B.I. SIDE MAMBO STEP

1-2-3-4R step to side, recover to L, R step next to L, hold

5-6-7-8L step to side, recover to R, L step next to R, hold

B.II. PIVOT ½ TO LEFT - FULL TURN - STEP FORWARD

1-2-3-4R step forward, turn ½ to left then L step forward (06.00), R step forward, hold

5-6-7-8turn ½ to right then L step backward (12.00), turn ½ to right then R step forward (06.00), L step forward, hold

B.III. BOTAFOGOES

1-2-3-4turn 1/8 to left then R step forward (04.30), turn ¼ to right then L step to side (07.30), recover to R, hold

5-6-7-8L step forward, turn 1/8 left then R step to side (06.00), recover to L, hold

B.IV. WOBBLE DOWN - WOBBLE UP

1-2-3-4hip roll to left for four times while bending down on both legs

5-6-7-8hip roll to left for four times while standing up on both legs, recover to L on count 8

TAG: There is one Tag in this dance. The Tag will start by facing 12.00, and end by facing 06.00.

HALF TURN WALK

1-2-3-4turn ¼ to right then R step forward (03.00), hold, turn ¼ to right then L step forward (06.00),hold

ENJOY THE DANCE

For more information, please contact me at: anthonymld.ina@gmail.com

Last Update - 15th June 2015