

WILD AND FREE

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Count: 32

Wall: 4

Level: intermediate/advanced

Choreographer: Barry Porter & Paul Hulatt

Music: You'll Be In My Heart by Phil Collins

1st Place Dancelines Eurodance 99 Brean UK November 1999

SIDE SHUFFLE ¼ TURN LEFT, RONDE WITH ¾ TURN, STEP SLIDE, CROSS BEHIND RONDE, STEP

- 1&2** Step left foot to left, close right foot to left, step left foot to left making a ¼ turn left
- 3** Make ¾ turn left on ball of left foot, sweeping right foot around, but out to right side
- 4** Touch right foot next to left (weight remains on left)
- 5** Step right foot large step to right
- 6** Slide left slowly in towards right
- 7** Cross left foot behind right (putting weight on left foot)
- &8** Sweep right foot (to the right) in a large circle (ronde) behind left foot. (putting weight on right)

STEP ¼ TURN, ½ TURN, SHUFFLE ½ TURN, ROCK RECOVER, BACK LOCKING SHUFFLE

- 9** Step left foot to left making ¼ turn left
- 10** On ball of left foot, continue turning left making ½ turn, stepping back onto right foot
- 11&12** Continue turning left, making ½ turn, stepping left, right, left
- 13** Rock forward onto right foot
- 14** Recover weight to left foot
- 15&16** Step back on right foot, lock left across right, step back on right

STEP BACK, SLIDE HOOK, RIGHT LOCKING SHUFFLE, STEP, FULL TURN HOOK (SPIRAL), RIGHT LOCKING SHUFFLE

- 17** Large step back with left foot
- 18** Slide right foot back, hooking right foot across left shin
- 19&20** Step forward right, lock left behind right, step forward right
- 21** Step forward onto left foot

22 On ball of left turn 360(full turn) right, hooking right foot across left shin (spiral)

23&24 Step forward right, lock left behind right, step forward onto right

ROCK RECOVER, SYNCOPATED 1&½ TURN LEFT, RIGHT LOCKING SHUFFLE, RONDE ½ TURN

25 Rock forward onto left

26 Recover weight to right foot

27&28 On ball of right turn, ½ turn left stepping forward onto left foot, continue turning left, on ball of left foot ½ turn stepping back onto right, continue turning left on ball of right foot, turn ½ turn left, stepping forward onto left

Counts 27&28 may be replaced with shuffle ½ turn for those who prefer not to spin

29&30 Step forward right, lock left foot behind right, step forward onto right foot

31 Sweep left foot to the right (ronde) making ½ turn right, on ball of right foot

32 Touch left foot next to right

REPEAT