

STROKING

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Count: 28

Wall: 4

Level: Beginner

Choreographer: Unknown

Music: Strokin' by Clarence Carter

ROCK STEPS

- 1 Right foot step in front of left foot with bend of knee lean forward slightly, (point right foot to 10 o'clock lift left foot slightly)
- 2 Step left foot back in place
- 3 Right foot step behind left foot with bend of right knee upright body position, (point right foot to 2 o'clock lift left foot slightly)
- 4 Left foot back in place
- 5-8 Repeat steps 1-4

PIVOT TURNS

- 9 Right foot step forward

10½ turn to left

- 11 Right foot step forward

12½ turn to left

- 13 Right foot step forward

14¼ turn to left

SLIDE, STOMP, CLAP

- 15 Slide left foot to right foot
- 16 Stomp right foot and clap

LONG STEP, SHIMMY, CLAP

- 17-18** Long step right foot to side with bent knees
- 19-20** Slide left foot to join right foot with shimmy, clap
- 21-22** Long step left foot to side with bent knees
- 23-24** Slide right foot to join left foot with a shimmy, clap
- 25-26** Long step left foot to side with bent knees
- 27-28** Slide right foot to join left foot with a shimmy, clap

REPEAT

- 1) Counts 5-8 are omitted by some dancers.**
- 2) Shimmies may be replaced by pelvic thrusts (especially by men).**