

SHA-LA SHUFFLE

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Count: — **Wall:** 1 **Level:** beginner/intermediate

Choreographer: Christina Walker

Music: Shalala Lala by The Vengaboys

Sequence:ABC ABB B to end

PART A

RIGHT & LEFT BACK SHUFFLES, KICK BALL POINT, CROSS, ½ UNWIND

- 1&2** Step back on right, close left beside right, step back right
- 3&4** Step back on left, close right beside left, step back left
- 5&6** Kick right foot forward, step down on ball of right and point left to left side
- 7&8** Cross left over right and unwind ½ turn over right shoulder

RIGHT & LEFT SAILOR STEPS, RIGHT & LEFT FORWARD SHUFFLES

- 9&10** Cross right behind left, step left to left side, step right in place
- 11&12** Cross left behind right, step right to right side, step left in place
- 13&14** Step forward right, close left beside right, step forward right
- 15&16** Step forward left, close right beside left, step forward left

RIGHT HEEL BALL CROSS TWICE, ROCK RIGHT, RIGHT CROSS SHUFFLE

- 17&18** Step right heel forward, step right in place and cross left over right
- 19&20** Step right heel forward, step right in place and cross left over right
- 21&22** Rock onto right side, back onto left
- 23&24** Cross step right over left, step left to left side, cross step right over left

LEFT HEEL BALL CROSS TWICE, ROCK LEFT, LEFT CROSS SHUFFLE

- 25&26** Step left heel forward, step left in place and cross right over left
- 27&28** Step left heel forward, step left in place and cross right over left
- 29&30** Rock onto left side, back onto right
- 31&32** Cross step left over right, step right to right side, cross step left over right
- 33-64** Repeat above steps

PART B

FULL TURN RIGHT, SLAP, SLAP, CLAP

1-3 Step $\frac{1}{4}$ turn on right foot, step $\frac{1}{4}$ turn left on left foot, step $\frac{1}{2}$ turn right on right foot

4&5 Slap right thigh with right hand, slap left thigh with left hand, clap

ROCK FORWARD LEFT, BACK RIGHT, FORWARD LEFT, ROCK FORWARD RIGHT, BACK LEFT, FORWARD RIGHT, SCUFF, WALK BACK

6-8 Rock forward on left foot, back on right, rock forward on left

9-11 Rock forward on right foot, back on left, rock forward on right

12-16 Scuff left foot forward, walk back left, right, left, right

FULL TURN LEFT, SLAP, SLAP, CLAP

17-19 Step $\frac{1}{4}$ turn left, step $\frac{1}{4}$ turn right on right foot, step $\frac{1}{2}$ turn left on left foot

20&21 Slap left thigh with left hand, slap right thigh with right hand, clap

ROCK FORWARD RIGHT, BACK LEFT, FORWARD RIGHT, ROCK FORWARD LEFT, BACK RIGHT, FORWARD LEFT, SCUFF, WALK BACK

22-24 Rock forward on right foot, back on left, rock forward on right

25-27 Rock forward on left foot, back on right, rock forward on left

28-32 Scuff right foot forward, walk back right, left, right, left

33-64 Repeat steps 1-32 of Part B

PART C

JUMPING JACKS, $\frac{1}{2}$ UNWIND, CLAP, CLAP

1-2 Jump feet apart, jump feet together crossing right in front of left

3-4 Jump feet apart, jump feet together crossing right behind left

5-6 Jump feet apart, jump feet together crossing right in front of left

7&8 Unwind $\frac{1}{2}$ turn over left shoulder, clap, clap

9-16 Repeat above steps

ALTERNATIVE STEPS TO SECTION C

- 1-2** Point right to right side, point right in front of left
- 3-4** Point right to right side, touch right behind left
- 5-6** Point right to right side, cross right in front of left
- 7&8** Unwind $\frac{1}{2}$ turn over left shoulder, clap, clap
- 9-16** Repeat above steps

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=37733