

# Swing Your Body

LINEDANCE.COM

**Count:** 128      **Wall:** 2      **Level:** Improver

**Choreographer:** Nicky Tan - Kickkick Line Dance (May 2014)

**Music:** Timber - Pitbull ft. Ke\$ha (EDIT)

## Dance starts after 16 counts

### Section 1 : Vine to Right then Left

**1234**      Step RF to right, Step LF behind RF, Step RF to right, Touch LF beside RF

**5678**      Step LF to left, Step RF behind LF, Step LF to left, Touch RF beside LF (12:00)

### Section 2 : Step forward, Brush - 2x, Step Back, Touch

**1234**      Step RF forward, Brush LF beside RF Step LF forward, Brush RF beside LF

**5648**      Step back RF, LF, RF, Touch LF beside RF (12:00)

### Section 3 : Vine to Left then Right

**1234**      Step LF to left, Step RF behind LF, Step LF to left, Touch RF beside LF

**5678**      Step RF to right, Step LF behind RF, Step RF to right, Touch LF beside RF (12:00)

### Section 4 : Step forward, Brush - 2x , Step Back, Touch

**1234**      Step LF forward, Brush RF beside LF, Step RF forward, Brush LF beside RF

**5678**      Step back LF, RF, LF, Touch RF beside LF (12:00)

### Section 5 : Rolling Vine to Right then Left

**1234**      Turn  $\frac{1}{4}$  Right & Step RF forward, Turn  $\frac{1}{2}$  Right & Step LF back, Turn  $\frac{1}{4}$  Right & Step RF to side Touch LF beside RF

**5678**      Turn  $\frac{1}{4}$  Left & Step LF forward, Turn  $\frac{1}{2}$  Left & Step RF back , Turn  $\frac{1}{4}$  Left & Step LF to side, Touch RF beside LF (12:00)

### Section 6 : Step forward, Point - 2x, Jazz Box with a $\frac{1}{4}$ Turn

**1234**      Step RF forward, Touch LF to left, Step LF forward, Touch RF to right

**5678**      Cross RF over LF, Step LF back, Turn  $\frac{1}{4}$  Right & Step RF forward, Step LF Beside RF (3:00)

### Section 7 : Repeat Section 5 (3:00)

### Section 8 : Repeat Section 6 (6:00)

### **Section 9 : Toe Switches, Flick, Heel Switches, Hook**

- 1&2&** Touch RF to right, Step RF beside LF, Touch LF to left, Step LF beside RF
- 34** Touch RF to right, Flick RF behind LF
- 5&6&** Touch R heel forward, Step RF beside LF, Touch L heel forward, Step LF beside RF
- 78** Touch R heel forward, Hook RF in front of L leg (6:00)

### **Section 10 : Forward Shuffle, Rock Recover, 1/2L Forward Shuffle, Step Forward, Together**

- 1&2** Forward Shuffle RF, LF, RF
- 34** Rock LF forward, Recover on RF
- 5&6** Turn ½ left & Forward Shuffle LF, RF, LF
- 78** Step RF forward, Close LF together (12:00)

### **Section 11 : Repeat Section 9 (12:00)**

### **Section 12 : Repeat Section 10 (6:00)**

### **Section 13 : Hip Bumps, Hip Roll, Step Touch - 2x**

- 1234** Hip Bump R, L, Hip Circle Clock Wise
- 56** Step RF diagonally forward, Touch LF beside RF
- 78** Step LF diagonally back, Touch RF beside LF (6:00)

### **Section 14 : Paddle 4x - Full Turn**

- 12** Step RF forward, Turn ¼ L with weight on LF (3:00)
- 34** Repeat Steps 1-2 (12:00)
- 56** Repeat Steps 1-2 (9:00)
- 78** Repeat Steps 1-2 (6:00)

### **Section 15 : Repeat Section 13**

### **Section 16 : Repeat Section 14**

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