

# Take It Off

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**Count:** 64      **Wall:** 4      **Level:** Improver / Easy Intermediate

**Choreographer:** Karen Kennedy (May 2012)

**Music:** Take It Off by Joe Nichols. Cd: It's All Good

## Intro 16 counts - start on vocals

### CROSS STEP, SIDE, SAILOR STEP, CROSS STEP, SIDE, 1/4 SAILOR TURN

- 1 -2      Cross step left over right, step right to side
- 3&4      Cross left behind right, step right to side, step left to side
- 5 -6      Cross step right over left, step left to side
- 7&8      Cross right behind left turning 1/4 right, step right to side, step left to side

### ROCK FORWARD, RECOVER, LEFT LOCK BACK, ROCK BACK, RECOVER, KICK BALL CHANGE

- 1 -2      Rock forward on left, recover on right
- 3&4      Step left back, lock right in front of left, step left back
- 5 -6      Rock back on right, recover on left
- 7&8      Kick right forward, step on ball of right, step left forward

### ROCK FWD, RECOVER, FULL TRIPLE TURN, ROCK FORWARD, RECOVER, COASTER STEP

- 1 -2      Rock forward on right, recover on left
- 3&4      Full triple turn right- right,left,right or right coaster step \* Restart wall 3
- 5 -6      Rock forward on left, recover on right
- 7&8      Step back on left, step back in right, step forward on left

### 1/2 PIVOT, SHUFFLE FORWARD, CROSS STEP, SIDE, LEFT SAILOR HEEL, HOLD, STEP BACK

- 1 -2      Step forward on right, pivot 1/2 turn left
- 3&4      Step forward on right, step left beside right, step right forward
- 5&      Cross left over right, step right to side
- 6&7      Cross left behind right, step right to side, touch left heel to diagonal
- 8&      Hold, step left back in place

## **CROSS STEP, SIDE, RIGHT SAILOR HEEL, HOLD, STEP BACK, ROCK FORWARD, RECOVER**

- 1&** Cross right over left, step left to side,  
**2&3&** Cross right behind left, step left to side, touch right heel to diagonal  
**4&** Hold, step right back in place  
**5 -6** Rock forward on left, recover on right  
**7&8** Full triple turn left - left, right, left or left coaster step

## **ROCK FWD, RECOVER, 3/4 TURN SHUFFLE, ROCK , RECOVER, LEFT LOCK BACK**

- 1 -2** Rock forward on right, recover on left  
**3&4 3/4 shuffle turning right - right, left, right**  
**5 -6** Rock forward on left, recover on right  
**7&8** Step back on left, lock right in front of left, step left back

## **RIGHT LOCK BACK, BACK ROCK, RECOVER, LEFT KICK BALL STEP, LEFT SHUFFLE**

- 1&2** Step right back, lock left in front of right, step back on right  
**3 -4** Rock back on left, recover on right  
**5&6** Kick kick left forward, step left ball back in place, step right forward  
**7&8** Step left forward, step right beside left, step left forward

## **1/4 PIVOT LEFT, RIGHT KICK BALL STEP, ROCK FORWARD, RECOVER, FULL TRIPLE**

- 1 -2** Step forward on right, pivot 1/4 turn left  
**3&4** Kick right forward, step right ball back in place, step left forward  
**5 -6** Rock forward on right, recover on left  
**7&8** Full triple turn - right, left, right, or right coaster step

## **START AGAIN**