

THIS MUST LOOK BAD

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Count: 56

Wall: 4

Level: intermediate/advanced polka

Choreographer: Teea & Hanne Riihuhta

Music: Two More Pairs Of Feet by Tony Lewis

2 SHUFFLES MOVING BACKWARD TURNING A FULL TURN TOTAL, SHUFFLE BACK, COASTER STEP

- 1&2** Right shuffle back turning $\frac{1}{2}$ right (right, left, right)
- 3&4** Left shuffle forward turning $\frac{1}{2}$ right left, right, left
- 5&6** Right shuffle back right, left, right
- 7&8** Step left back, step right next to left, step left forward (left coaster step)

RIGHT SHUFFLE FORWARD, BRUSH, HOOK & TURN $\frac{1}{2}$, REPEAT WITH LEFT FOOT

- 1&2** Right shuffle forward right, left, right
- 3-4** Brush left forward, hook left over right as you turn $\frac{1}{2}$ right (weight on right)
- 5&6** Left shuffle forward left, right, left
- 7-8** Brush right forward, hook right over left as you turn $\frac{1}{2}$ left (weight on left)

JUMP OUT, JUMP CROSS, UNWIND, HOLD, KICK, KICK, KICK TWICE

- 1-2** Jump and land with both feet apart, jump and land with right crossed over left
- 3-4** Unwind turning $\frac{1}{2}$ left over counts 3-4
- 5&6&** Kick right forward & across left, step right next to left, kick left forward & across right, step left next to right
- 7-8** Kick right forward & across left twice

TURN $\frac{1}{4}$ RIGHT & SHUFFLE FORWARD, $\frac{1}{2}$ TURN RIGHT, SYNCOPATED STEP SLIDES, TOUCH SIDE

- 1&2** Turn $\frac{1}{4}$ right and do a right shuffle forward right, left, right
- 3-4** Step left forward & turn $\frac{1}{2}$ right, step right in place
- 5&6&7-8** Step left forward, slide right up to left, step left forward, slide right up to left, step left forward, touch right toe to right side

This resembles a "gallop" like a horse

SAILOR SHUFFLE WITH A WRONG WAY TURN (LEFT), SAILOR SHUFFLE, WALK, WALK, SHUFFLE TURN

- 1&2** Cross right behind left, step left in place turning $\frac{1}{4}$ left, step right in place - feet slightly apart (right sailor shuffle with a $\frac{1}{4}$ turn left)
- 3&4** Cross left behind right, step right to right side, step left in place (left sailor shuffle)
- 5-6** Step right forward, step left forward
- 7&8** Right shuffle turning $\frac{1}{2}$ left (right, left, right)

LEFT COASTER STEP, RIGHT SHUFFLE FORWARD, KICK TURN COMBINATION

- 1&2** Step left back, step right next to left, step left forward
- 3&4** Right shuffle forward right, left, right
- 5-6** Kick left forward, turn $\frac{1}{2}$ right on ball of right foot & kick left back
- 7-8** Kick left forward, turn $\frac{1}{4}$ right on ball of right foot & kick left back

2 SHUFFLES MOVING FORWARD TURNING A FULL TURN RIGHT, ROCK STEP FORWARD, LEFT COASTER STEP

- 1&2** Left shuffle forward left, right, left turning $\frac{1}{2}$ right
- 3&4** Right shuffle back right, left, right turning $\frac{1}{2}$ right
- 5-6** Rock left forward, step right in place
- 7&8** Step left back, step right next to left, step left forward

REPEAT

Toward the end of the song there is a slow down & stop. This happens on the "gallop". Just wait until you hear the beat cues to start back up again, and continue where you left off!