

# Vamp it Up!

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**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Nicola Lafferty (Nov 2013)

**Music:** Can We Dance by The Vamps (Can We Dance EP)

## **Intro: 64 Count Intro**

**Note: There is a restart after Count 56 on Wall 4 (See note below)**

### **[1-8] Kick Ball Side, Sailor Step, Behind, Side, Cross Rock, Recover**

- 1&2**      Kick RF fwd, Step RF down, Step LF to L side
- 3&4**      Step RF behind LF, Step LF to L side, Step RF in place
- 5,6**      Cross LF behind RF, Step RF to R side
- 7,8**      Cross Rock LF over RF, Recover weight to RF (face 12.00)

### **[9-16] Side Triple, ½ Turn, Side Triple, Hitch, Side, Body Roll**

- 1&2**      Step LF to L side, Close RF to LF, Step LF to L side
- 3&4**      Make ½ turn L, Step RF to R side, Close LF to RF, Step RF to R side
- 5,6**      Hitch L knee, Step LF to L side
- 7,8**      Body roll fwd from head downwards (face 6.00)

### **[17-24] 2 Walks, Triple fwd, ¼ Pivot, Cross Triple**

- 1,2**      Walk fwd RF, Walk fwd LF
- 3&4**      Step RF fwd, close LF to RF, Step RF fwd
- 5,6**      Step LF fwd, ¼ Pivot turn to R
- 7&8**      Cross LF over RF, Step RF to R side, Cross LF over RF (face 9.00)

### **[25-32] Side, Touch Behind, ½ Turn, Walk, Hitch Slide, Walk Back, Step Side with ¼ Turn**

- 1,2**      Step RF to R side, Touch LF behind RF
- 3,4**      Make ½ turn over L shoulder step down on LF, Step RF fwd
- 5.6 Hitch L knee up, Slide LF a big step back**
- 7,8**      Step RF back, Make ¼ turn L stepping LF to L side (face 12.00)

### **[33-40] Cross, Tap, Step, Side Triple, Cross Rock, Side Triple with ¼ Turn**

- 1&2** Cross RF over LF, Tap LF behind RF, Step down on LF
- 3&4** Step RF to R side, Close LF to R side, Step RF to R side
- 5,6** Cross Rock LF over RF, Recover weight to RF
- 7&8** Step LF to L side, Close RF to LF, make ¼ turn L stepping LF fwd

### **[41-48] Mambo Fwd, Mambo Back, Travelling Hip Bumps**

- 1&2** Rock RF fwd, Recover weight to LF, Step RF back
- 3&4** Rock LF back, Recover weight to RF, Step LF fwd
- 5&6** Touch RF fwd bumping hips R, bump hips L, Bump hips R stepping down on RF
- 7&8** Touch LF fwd bumping hips L, bump hips R, Bump hips L stepping down on LF (face 9.00)

### **[49-56] Touch Across, Side Rock, Touch Across, Touch Side, Sailor ¼, Sailor ½**

- 1,2&** Touch RF across LF, Rock RF to R side, Recover weight to LF
- 3,4** Touch RF across LF, Touch LF to L side
- 5&6** Cross RF behind LF, make ¼ Turn R stepping LF in place, Step RF fwd
- 7&8** Cross LF behind RF, make ½ Turn L stepping RF in place, Step LF fwd (face 6.00)

**\* Restart here on Wall 4**

### **[57-64] Rock Recover & Rock Recover, Paddle Full Turn**

- 1,2** Rock RF to R side, Recover weight to LF
- &3,4** Close RF to LF, Rock LF to L side, Recover weight to RF
- 5,6,7,8** Making a full turn in total over R shoulder, make ¼ turn R as you touch LF to L side (5), make ¼ turn R as you touch LF to L side (6), make ¼ turn R as you touch LF to L side (8), Make ¼ Turn R as you step down on LF (face 6.00)

**Begin again!**

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