

THE LIVING YEARS

LINEDANCE.COM

Count: 64

Wall: 2

Level: intermediate

Choreographer: John Dowling

Music: The Living Years by Mike & The Mechanics

Start 16 beats after the background beat starts (just before vocals)

WALK, WALK, SHUFFLE FORWARD, ROCK RECOVER, CHASSE ¼ TURN LEFT

- 1-2 Walk forward stepping right, left
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Rock forward on left, recover weight back onto right
- 7&8 Turning ¼ turn left, step left to side, slide right next to left, step left to left side

SWAYS, SAILOR STEP, STEP ½ TURN, SHUFFLE ½ TURN

- 1-2 Sway hips right, left
- 3&4 Cross right behind left, step left to left side, step right in place
- 5-6 Step forward on left, pivot ½ turn right
- 7&8 Make a ½ turn right stepping left, right, left (ends facing the 9:00 wall)

ROCK RECOVER, CHASSE ¼ TURN LEFT, CROSS BEHIND, ½ UNWIND, CROSSING SHUFFLE

- 1-2 Rock back on right, recover weight forward onto left
- 3&4 Turning ¼ turn left, step right to side, slide left next to right, step right to right side
- 5-6 Touch left toe behind right, unwind ½ turn left
- 7&8 Step right across left, step left to side, cross right over left

ROCK RECOVER, CROSSING SHUFFLE, ROCK RECOVER, COASTER STEP

- 1-2 Stepping left to left side rock weight onto left, recover onto right
- 3&4 Step left across right, step right to side, cross left over right
- 5-6 Stepping right to right side rock weight onto right, recover onto left
- 7&8 Step back on right, step left next to right, step right slightly forward

WALK, WALK, SHUFFLE FORWARD, ROCK RECOVER, CHASSE ¼ TURN RIGHT

- 1-2** Walk forward stepping left, right
- 3&4** Step left forward, step right next to left, step left forward
- 5-6** Rock forward on right, recover weight onto left
- 7&8** Turning $\frac{1}{4}$ turn right, step right to side, slide left next to right, step right to right side

TRAVELING FULL TURN, CROSSING SHUFFLE, ROCK RECOVER, COASTER STEP

- 1-2** Make $\frac{1}{2}$ turn right stepping left to side, make $\frac{1}{2}$ turn right stepping right to side
- 3&4** Step left across right, step right to side, cross left over right
- 5-6** Stepping right to right side rock weight onto right, recover onto left
- 7&8** Step back on right, step left next to right, step right slightly forward

STEP $\frac{1}{2}$ TURN, SHUFFLE $\frac{1}{2}$ TURN, ROCKING CHAIR

- 1-2** Step forward on left, pivot $\frac{1}{2}$ turn right
- 3&4** Make a $\frac{1}{2}$ turn right stepping left, right, left
- 5-6** Stepping back rock weight onto right, recover onto left
- 7-8** Stepping forward rock weight onto right, recover onto left

COASTER CROSS, ROCK RECOVER, WEAVE, ROCK $\frac{1}{4}$ TURN TOUCH

- 1&2** Step back on right, step left next to right, step right across left
- 3-4** Stepping left to left side rock weight onto left, recover onto right
- 5&6** Step left behind right, step right to right side, step left across right
- 7&8** Rock right to right side, recover weight onto left making $\frac{1}{4}$ turn right, touch right next to left

REPEAT