

YAMASS !

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Count: 32 **Wall:** 4 **Level:** Intermediate level

Choreographer: The Lady In Black

Music: O.K by Helena Paparizou from the Euro Edition CD

Choreographer's note: (I have also choreographed a beginner version of this dance called It's O.K and can be used as a floor split)

TOUCH/TOUCH/FLICK/CROSS ROCK/CHASSE RIGHT/CROSS ROCK

1&2 Touch right toe next to left (1), Touch right toe next to left (&), Pivot 1/4 turn left on left whilst

flicking right foot behind (2)

3,4, Cross rock right over left (3), Recover weight on left (straighten up to face 12 O'clock) (4)

5&6 Step right to right (5), Step left next to right (&), Step right to right (6)

7,8 Cross rock left over right (7), Recover weight on right (8)

CHASSE LEFT/STEP TAP/BACK POINT/STEP SWEEP CROSS/STEP IN PLACE

1&2 Step left to left (1), Step right next to left (&), Step left to left (2)

3&4& Step right fwd (3), Tap left toe behind right (&), Step back on left (4), Point right toe fwd (&)

5,6,& Step right in place (5), Sweep left across right (6) Step left across right (taking weight) (&)

7,8 Step Right in place (7), Step left in place (8)

CROSS ROCK/BEHIND ROCK/CROSS ROCK/BEHIND ROCK/CROSS SWEEP/STEP BACK/1/4 TURN

1&2& Cross rock right over left (1), Recover on left (&), Rock right behind left heel (2), Recover on left (&)

3&4& Repeat counts 1&2&

Choreographer's note: (counts 1 ? 4 of this section is danced on the spot taking small steps keeping upper body straight and moving from the hips, arms should flow freely or out to the side in a Greek Style)

5,6,7 Cross right over left (5), Sweep left across right (6) Step left across taking weight (7)

&8 Step back on right (&), Step left ¼ turn left (8)

PIVOT ½ TURN WITH CHEEKY PUSH/TAP STEPS/PIVOT ½ TURN/ROCK STEP

1,2 Pivot ½ turn left on left stepping right back at the same time push hips back (stick your bum out giving a cheeky push) (1)

Step down on left (2)

&3&4 Tap right next to left (&), step right fwd (3), Tap left next to right (&), Step fwd left (4)

&5,6 Tap right next to left (&), Step fwd right (5), Pivot ½ turn right on right touching left next to right (6)

&7,8 Rock left behind right heel (&), Recover on right (7), Step fwd on left (8)

Start the dance again and enjoy!

Always remember ?It?s Just a Dance?