

# Shake Me

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**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Helen Owen (UK) - January 2018

**Music:** You Still Shake Me by Deana Carter

## Start on 16 counts

### S1 [1-8] WALK RIGHT, LEFT, RIGHT, KICK, WALK BACK LEFT, RIGHT, LEFT COASTER STEP

1-2 walk forward right (1) walk forward left (2)

3-4 walk forward right (3) kick left foot forward (4)

5-6 walk back left (5) walk back right (6)

7&8 step back left (7) step right next to left (&) step forward left (8)

### S2 [9-16] GRAPEVINE RIGHT, BRUSH, GRAPEVINE LEFT, ¼ LEFT, BRUSH

1-2 step right to right side (1) cross left behind right (2)

3-4 step right to right side (3) brush left foot forward (4)

5-6 step left to left side (5) cross right behind left (6)

7-8 make ¼ turn left stepping forward left (7) brush right foot forward (8)

### S3 [17-24] SHIMMY RIGHT, SHIMMY LEFT

1-2 step wide right to right side [shimmy shoulders] (1-2)

3-4 step left to right foot (3-4)

5-6 step wide left to left side [shimmy shoulders] (5-6)

7-8 step right to left foot (7-8)

### S4 [25-32] ROLLING VINE RIGHT, ROLLING VINE LEFT

1-2 turn ¼ right and step forward on right (1) turn ¼ right and step left to left side (2)

**3-4**turn  $\frac{1}{2}$  right and step right to right side (3) touch left next to right (4)

**5-6**turn  $\frac{1}{4}$  left and step forward on right (5) turn  $\frac{1}{4}$  left and step right to right side (6)

**7-8**turn  $\frac{1}{2}$  left and step left to left side (7) touch right next to left (8)

### **S5 [33-40] 2x RIGHT KICK BALL CHANGE, 2X $\frac{1}{6}$ LEFT PADDLES**

**1&2**kick right foot forward (1) step right in place (&) step left in place (2)

**3&4**kick right foot forward (3) step right in place (&) step left in place (4)

**5-6**step right forward (5) pivot  $\frac{1}{6}$  turn left {face 7 o'clock} (6)

**7-8**step right forward (7) pivot  $\frac{1}{6}$  turn left {face 5 o'clock} (8)

### **S6 [41-48] 1x $\frac{1}{6}$ LEFT PADDLE, RIGHT JAZZ BOX, OUT-OUT, IN-IN**

**1-2**step right forward (1) pivot  $\frac{1}{6}$  turn left {face 3 o'clock} (2)

**3-4**cross right over left (3) step back on left (4)

**5-6**step right to right side (5) step left forward (6)

**&7&8**step right foot out (&) step left foot out (7) step right foot in place (&) step left foot in place (8)

**End of walls 3 and 5, there is a 4-count Tag.**

**TAG: 4 SWAYS - R, L, R, L**

**1-2**sway hips to the right (1) sway hips to the left (2)

**3-4**sway hips to the right (3) sway hips to the left (4)

**Enjoy! xx**

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**Last Update - 16th Jan. 2018**