

# SHUFFLING ON..

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Nancy A. Morgan

**Music:** Lost In The Shuffle by Michael Peterson

## RIGHT HEEL FORWARD, CROSS, FORWARD, TOE IN, OUT, $\frac{1}{4}$ RIGHT, STEP $\frac{1}{2}$ TURN

- 1-2-3** Put right heel forward, cross right foot over left foot, put right heel forward
- 4-5** Point right toe in to left instep, put right heel next to left with toe pointing to right
- 6-7-8** Stomp right foot  $\frac{1}{4}$  turn to right, step left foot forward, do a  $\frac{1}{2}$  turn to your right (shifting your weight to your right foot)

## LEFT HEEL FORWARD, CROSS, FORWARD, TOE IN, OUT, $\frac{1}{4}$ LEFT, STEP $\frac{1}{2}$ TURN

- 1-2-3** Put left heel forward, cross left toe over right foot, put left heel forward
- 4-5** Point left toe in to right instep, put left heel next to right with toe pointing to left
- 6-7-8** Stomp left foot  $\frac{1}{4}$  turn to left, step right foot forward, do a  $\frac{1}{2}$  turn to your left (shifting your weight to your left foot)

## STEP RIGHT, LEFT KNEE UP, THEN LEFT, THEN RIGHT, SWIVEL, SWIVEL $\frac{1}{4}$ LEFT

- 1-2** Step right foot to right side (shoulder width apart), bring left foot up and across right knee
- 3-4** Step left foot to left side (shoulder width apart), bring right foot up and across left knee
- 5-6** Step right foot to right side (shoulder width apart), bring left foot up and across right knee
- 7-8** Setting right foot down so that both of your knees are swiveling to the right, then swivel both feet to the left (you now will be facing  $\frac{1}{4}$  turn to left of your starting wall)

## SHUFFLE FORWARD RIGHT, STEP TURN $\frac{3}{4}$ TURN, SIDE SHUFFLE LEFT, COASTER STEP

- 1&2-3-4** Shuffle forward right, left, right, step forward on left and do a  $\frac{3}{4}$  turn to right
- 5&6-7&8** Side shuffle left, right, left, then coaster step, back on right, left next to right, right foot forward

## POINT LEFT TOE TO LEFT, CLAP, THEN RIGHT, LEFT, CROSS RIGHT OVER LEFT, HOLD, $\frac{1}{2}$ TURN, HOLD

- 1-2** Point left toe out to left side and clap
- &3** Quickly put left foot next to right as you quickly put your right toe to your right side
- &4** Quickly put right foot next to left as you quickly put your left toe to your left side

- &5-6** Quickly put left foot next to right as you quickly cross your right foot over your left, hold or clap
- 7-8** Turn  $\frac{1}{2}$  turn to your left, hold or clap

**GRIND RIGHT HEEL FORWARD, COASTER STEP, GRIND LEFT HEEL  $\frac{1}{4}$  TURN LEFT, COASTER STEP**

- 1-2** Grind right heel forward (grinding heel from left to right)
- 3&4** Coaster step, step back on your right, put your left next to your right, put your right foot forward
- 5-6** Grind left heel forward (grinding heel from right to left)
- 7&8** Coaster step, step back on your right, put your left next to your right, put your right foot forward

**REPEAT**