

# Your Hero

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**Count:** 62      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Chris Hodgson (UK) March 2014

**Music:** Hero by Family Of The Year

## Intro 8 counts

### [1-8] FORWARD ROCK / TOG-BACK-BACK / BACK ROCK / LOCK STEP

- 1-2      Step Forward On Right, Rock Weight Back Onto Left
- &3-4      Step Right Next To Left, Step Back On Left, Step Back On Right
- 5-6      Step Back On Left, Rock Weight Forward Onto Right
- 7&8      Step Forward On Left, Lock Right Behind Left, Step Forward On Left (12)

### [9-16] STEP-1/4 TURN / CROSS-ROCK-SIDE / CROSS ROCK / CROSS-UNWIND 1/2 TURN

- 1-2      Step Forward On Right, Pivot 1/4 Turn Left (9)
- 3&4      Cross Right Over Left, Rock Back Onto Left, Step Right To Right Side
- 5-6      Cross Left Over Right, Rock Back Onto Right
- &7-8      Step Left Next To Right, Cross Right Over Left, Unwind 1/2 Turn Left (Weight Ends On Left )  
(3)

### [17-24] LOCK STEP FORWARD / SWEEP-CROSS x 2 / LOCK STEP BACK / CHASSE 1/4 TURN

- 1&2      Step Forward On Right, Lock Left Behind Right, Step Forward On Right
- 3-4      Sweep Left Forward Crossing Over Right, Sweep Right Forward Crossing Over Left
- 5&6      Step Back On Left, Lock Right Over Left, Step Back On Left
- 7&8      Step Right 1/4 Turn Right, Step Left Next To Right, Step Right To Right Side (6)

### [25-32] CROSS ROCK / TOG-TAP-POINT SIDE / 1/2 MONTEREY TURN-POINT / & CROSS ROCK

- 1-2      Cross Left Over Right, Rock Weight Back Onto Right
- &3-4      Step Left To Left Side, Tap Right Toe Across Left, Point Right Toe To Right Side
- 5-6 1/2 Turn Right Stepping Right Next To Left, Point Left Toe To Left Side (12)**
- &7-8      Step Left Next To Right, Cross Right Over Left, Rock Weight Back Onto Left

### **[33-40] CHASSE / CROSS ROCK / CHASSE 1/4 TURN / STEP-1/2 TURN**

- 1&2** Step Right To Right Side, Step Left Next To Right, Step Right To Right Side
- 3-4** Cross Left Over Right, Rock Weight Back Onto Left
- 5&6** Step Left To Left Side, Step Right Next To Left, Step Left 1/4 Turn Left (9)
- 7-8** Step Forward On Right, Pivot 1/2 Turn Left (3)

### **[41-48] SIDE-ROCK-CROSS x 2 / LONG STEP SIDE-DRAG / TOGETHER-CROSS-1/4 TURN**

- 1&2** Step Right To Right Side, Rock Weight Onto Left, Cross Right Over Left (Travelling Slightly Forward)
- 3&4** Step Left To Left Side, Rock Weight Onto Right, Cross Left Over Right (Travelling Slightly Forward)
- 5-6** Long Step Right To Right Side, Drag Left Towards Right
- &7-8** Step Left Next To Right, Cross Right Over Left, 1/4 Right Stepping Back On Left (6)

### **[49-56] KICK-BALL-CROSS / SIDE ROCK / BEHIND-SIDE-CROSS / KICK-BALL-STEP**

- 1&2** Kick Right To Right Diagonal, Step Ball Of Right Next To Left, Cross Left Over Right
- 3-4** Step Right To Right Side, Rock Weight Onto Left

### **\*\*\* RESTART HERE ON WALL 1\*\*\***

- 5&6** Cross Right Behind Left, Step Left To Left Side, Cross Right Over Left
- 7&8** Kick Left Forward, Step Ball Of Left Next To Right, Step Forward On Right

### **[57-62] STEP-1/2 TURN-STEP / STEP-1/2 TURN / WALK x 2**

- 1&2** Step Forward On Left, Pivot 1/2 Turn Right, Step Forward On Left (12)
- 3-4** Step Forward On Right, Pivot 1/2 Turn Left (6)
- 5-6** Step Forward On Right, Step Forward On Left .....

### **BEGIN AGAIN**

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