

# YOU GOTTA MOVE IT

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**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Gerald Biggs

**Music:** Tribal Dance, by Beat Bliss, CD: Sports Mix

## Also:

**Long Long Way, by Alan Jackson, CD: Good Time**

**How Long, by The Eagles, CD: Long Road Out Of Eden**

**Intro: start dance at end of first drum roll, when horns start**

## TOE SWITCHES, CLAP, SHUFFLE STEP FORWARD

- 1&2&** Touch RT toe to RT side, Step RT next to LT, Touch LT toe to LT side, Step LT next to RT
- 3-4** Touch RT toe to RT side, Clap
- 5&6** Shuffle step forward, R,L,R
- 7&8** Shuffle step forward, L,R,L

## FORWARD ROCK RECOVER, UNWIND ½ TURN RT, LT SIDE SHUFFLE , RT HEEL TOE TOUCH

- 1-2** Rock forward on RT, Recover back on LT
- 3-4** Step RT toe behind LT heel, Pivot ½ turn RT
- 5&6** Shuffle side LT, L,R,L
- 7-8** Touch RT heel forward, Touch RT toe next to LT foot

## RT SIDE SHUFFLE, TOE POINTS, SAILOR STEP, ¼ TURN LT

- 1&2** Shuffle side RT, R,L,R
- 3-4** Point (touch) LT toe forward (6:00) Point (touch)LT toe to side (3:00)
- 5&6** Step LT behind RT, Step RT to side, Step LT next to RT
- 7-8** Step forward RT, Pivot ¼ turn LT (weight LT)

## WALK FORWARD, ROCK RECOVER, COASTER STEP, STEP TURN

- 1-2** Walk forward, R,L,
- 3-4** Rock forward on RT, Recover back on LT

**5&6** Step back RT, Step LT next to RT, Step forward RT

**7-8** Step forward LT while turning  $\frac{1}{4}$  turn RT, Touch RT toe next to LT

### **SAILOR STEP, STEP TURN, HEEL TOUCHES, CLAP**

**1&2** Step RT behind LT, Step LT to side, Step RT next to LT

**3-4** Step forward LT while turning  $\frac{1}{4}$  turn RT, Touch RT toe next to LT

**5&6&** Touch RT heel forward, Step RT next to LT, Touch LT heel forward, Step LT next to RT

**7-8** Touch RT heel forward, Clap

### **SHUFFLE SIDE RT, ROCK RECOVER, SHUFFLE SIDE LT ROCK RECOVER**

**1&2** Shuffle side RT, R,L,R

**3-4** Rock back on LT, Recover forward on RT

**5&6** Shuffle side LT, L,R,L

**7-8** Rock back on RT, Recover forward on LT

### **Repeat**