

SWING LOW SWEET CHARIOT

LINEDANCE.COM

Count: 32

Wall: 2

Level: beginner/intermediate

Choreographer: Jo Thompson Szymanski

Music: Swing Low Sweet Chariot by Scooter Lee

Wait for the slow vocal intro, then there will be 8 heavy beats, start on the word "swing"

TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER

1&2 Step right foot to right side, step together with left foot, step right foot to right side

3-4 Rock back with left foot, replace weight forward to right foot

5&6 Step left foot to left side, step together with right foot, step left foot to left side

7-8 Rock back with right foot, replace weight forward to left foot

DIAGONAL, TOUCH, KICK BALL CHANGE, DIAGONAL, TOUCH, KICK BALL CHANGE

1 Step right foot forward to right diagonal

2 Touch ball of left foot beside right, keep weight on right foot

The diagonal step on count 1 can be a slightly larger step for emphasis

3&4 Kick left foot forward, rock back with ball of left, recover weight forward to right foot

5 Step left foot forward to left diagonal

6 Touch ball of right foot beside left, keep weight on left foot

The diagonal step on count 5 can be a slightly larger step for emphasis

7&8 Kick right foot forward, rock back with ball of right, recover weight forward to left foot

During the above 8 counts, keep your body facing forward

FORWARD ROCK, BACK ROCK, TWO ¼ TURNS LEFT

1-2 Rock forward with right foot, recover weight back to left foot

3-4 Rock back with right foot, recover weight forward to left foot

5-6 Step forward with right foot, turn ¼ left, shift weight to left foot

7-8 Step forward with right foot, turn ¼ left, shift weight to left foot

WALK FORWARD 3 STEPS, KICK AND CLAP, BACK 2, COASTER STEP

1-3 Step forward with right, step forward with left, step forward with right

- 4** Kick forward with left foot, clap hands and say whooo!
- 5-6** Step back with left foot, step back with right foot
- 7&8** Step back with left foot, step together with right, with left foot, step forward and slightly across in front of right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=41696