

West Time

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Count: 64 **Wall:** 4 **Level:** Improver

Choreographer: Belén Márquez - Aug 2016

Music: Wasted Time by Keith Urban

Intro: 10 seconds

S1: LINDI SHUFFLE

- 1&2 Step Right Side, Steo Left Together, Step Right Side
- 3-4 Rock Left Back, Recover
- 5&6 Step Left Side, Step Right Together, Step Left Side
- 7-8 Rock Right Back, Recover

S2: KICK BALL STEP, SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE BACK

- 1&2 Kick Right Forward, Step Right Together, Step Left Forward
- 3&4 Step Right Forward, Step Left Together, Step Right Forward
- 5-6 Rock Left Forward, Recover
- 7&8 Step Left Back, Step Right Together, Step Left Back

S3: WALK BACK, COASTER STEP, TURN ¼ R & 2 DIGS, TURN ¼ R & SWAY R, SWAY L

- 1-2 Step Right Back, Step Left Back
- 3&4 Step Right Back, Step Left Together, Step Right Forward
- 5&6 Turn ¼ Right & Make 2 Digs with de left foot (in diagonally left)
- 7-8 Turn ¼ Right & Sway Right, Sway Left

S4: WIZARD R&L, ROCKIN' CHAIR

- 1-2& Step Right Forward, Lock Left Behind Right, Step Right Forward
- 3-4& Step Left Forward, Lock Right Behind Left, Step Left Forward
- 5-6 Rock Right Forward, Recover
- 7-8 Rock Right Back, Recover

S5: KICK BALL TOUCH (L-R-F), TOUCH TOE FORWARD & HIP BUMPS

- 1&2 Kick Right Forward, Step Right Together, Touch Left Toe to Side

- 3&4** Kick Left Forward, Step Left Together, Touch Right Toe to Side
- 5&6** Kick Right Forward, Step Right Together, Touch Left Toe Forward
- 7&8** Step Left Together, Touch Right Toe Forward & Hip Bump Right, Hip Bump Right

S6: SHUFFLES BACK, STEPS BACK

- 1&2** Step Right Back, Step Left Together, Step Right Back
- 3&4** Step Left Back, Step Right Together, Step Left Back
- 5-6** Step Right Back, Step Left Back
- 7-8** Step Right Back, Step Left Back

RESTART - WALL 2

S7: COASTER STEP, SHUFFLE FORWARD, PIVOT TURN FORWARD, SHUFFLE FORWARD

- 1&2** Step Right Back, Step Left Together, Step Right Forward
- 3&4** Step Left Forward, Step Right Together, Step Left Forward
- 5-6** Turn $\frac{1}{2}$ Left and Step Right Back, Turn $\frac{1}{2}$ Left and Step Left Forward
- 7&8** Step Right Forward, Step Left Together, Step Right Forward

S8: MAMBO $\frac{1}{4}$ L, CROSS MAMBO, CROSS SHUFFLE, TURN $\frac{1}{4}$ L, TURN $\frac{1}{4}$ L

- 1&2** Rock Left Forward, Recover, Turn $\frac{1}{4}$ Left and Step Left to Side
- 3&4** Cross Rock Right Over Left, Recover, Step Right To Side
- 5&6** Cross Shuffle Left, Right, Left
- 7-8** Turn $\frac{1}{4}$ Left and Step Right Back, Turn $\frac{1}{4}$ Left and Step Left to Side

REPEAT

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