

YOU LIGHT UP MY LIFE

LINEDANCE.COM

Count: 42

Wall: 4

Level: intermediate waltz

Choreographer: Helena Jeppsson

Music: You Light Up My Life by Westlife

TWINKLE LEFT, CROSS, ¼ TURN RIGHT, 1/8 TURN RIGHT

- 1 Turn 1/8 right and step left forward (1:30)
- 2 Turn 1/8 left and step right to side
- 3 Turn 1/8 left and step left slightly forward (10:30)
- 4 Step right forward
- 5 Turn ¼ right and step left to side
- 6 Turn 1/8 right and step right back (facing 3:00)

BACK, ¼ TURN RIGHT CHASSÉ, CROSS ROCK, SIDE

- 1 Step left back
- 2&3 Turn ¼ right and step right to side, step left together, step right to side (facing 6:00)
- 4-5 Cross/rock left over right, recover onto right
- 6 Step left to side

TWINKLE ½ TURN RIGHT, TWINKLE LEFT

- 1 Turn 1/8 left and step right forward (4:30)
- 2 Turn 3/8 right and step left back
- 3 Turn ¼ right and step right to side
- 4 Turn 1/8 right and step left forward (1:30)
- 5 Turn ¼ left and step right to side (facing 10:30)
- 6 Step left forward

FORWARD, ¼ TURN RIGHT, ¼ TURN RIGHT WITH SWEEP, TWINKLE RIGHT BACKWARDS

- 1 Step right forward
- 2 Turn 3/8 right and step left to side
- 3 Turn ¼ right and sweep right front to back
- 4 Turn 1/8 right and step right back

5 Turn 1/8 left and step left to side (facing 6:00)

6 Step right to side

TWINKLE RIGHT LEFT

1 Turn 1/8 right and step left forward (7:30)

2 Turn 1/8 left and step right to side

3 Turn 1/8 left and step left slightly forward (4:30)

4 Step right forward

5 Turn 1/8 right and step left to side

6 Step right forward (6:00)

STEP BACK, ¼ TURN RIGHT CHASSÉ, CROSS ROCK, SIDE

1 Step left back

2&3 Turn ¼ right and step right to side, step left together, step right to side

4 Cross/rock left over right (10:30)

5 Recover onto right (9:00)

6 Step left to side

TWINKLE ¾ TURN RIGHT WITH HITCH, BACK, ROCK STEP

1 Turn 1/8 left and step right forward (7:30)

2 Turn ¼ right and step left back

3 Turn 3/8 right and hitch right knee (4:30)

4 Step right back (3:00)

5 Rock left to side

6 Recover onto right

REPEAT

TAG

At the end of 1st and 3rd wall

CROSS ROCK, SIDE, CROSS, FULL TURN LEFT

1-2 Cross/rock left over right, recover onto right

3 Step left to side

4 Cross right over left

5-6 Unwind a full turn left (weight to right)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=47527