

SHUT UP AND DANCE

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Count: 64

Wall: 1

Level: intermediate

Choreographer: Kirsi-Marja Vinberg

Music: AM To PM by Christina Milian

TOUCH, TURN ½, TOUCH, HEEL JACK, TOUCH, TURN ½, TOUCH

- 1&2** Touch right toe to side, turn ½ left with the left foot, touch right toe to side
- &3&4** Step right foot in place, touch left heel diagonal. Front left, step left in place, step right foot together
- &5&6** Step left foot to side and backwards, touch right heel diagonal. Front right, step right in place, touch left beside right
- 7&8** Touch left toe to side, turn ½ left with right foot, touch left toe to side

FORWARD, HEEL-SPLIT, STEP, SWIVEL & TURN ¼ LEFT, SCISSORS

- 9&10** Step left forward, turn both heel out, in
- 11&12** Step right forward; as you turn your heels to right, turn ¼ left; then turn the heels to the center
- 13&14** Scissors: step right to side, step left together, step right across left
- 15&16** Step left to side, step right together, step left across right

BRUSH/SCUFF, HITCH, STEP, TOUCH, TOGETHER, TOUCH, SAILOR STEP WITH ½ TURN RIGHT, TOUCH, TOGETHER, TOUCH, TOGETHER

- 17&18** Brush/scuff with your right foot, hitch the right knee, step right foot forward
- 19&20** Touch left toe to side, step left together, touch right toe to side
- 21&22** Sailor step: step right behind left, step left in place and turn ½ right, step right in place
- &23&24** Touch left toe to side, step left together, touch right toe to side, step right together

BRUSH BACK, HITCH, STEP, HEEL SWITCHES, SKATES AND TURN ¼ LEFT

- 25&26** Brush left foot back, hitch left foot, step left forward
- 27&28&** Touch right heel forward/diagonal. Forward, step right together, touch left heel forward/diagonal. Forward, step left together
- 29&30&** Skate forward with right ball, press heel down, skate forward with left ball, press heel down and turn ¼ left(12:00)

31&32 Touch right toe to side, touch right toe beside the left foot, touch right toe to side, step right foot together

TOUCH, TURN ½, TOUCH, HEEL JACK, TOUCH, TURN ½, TOUCH

33&34 Touch left toe to side, turn ½ left with your right foot, touch left toe to side

&35&36 Step left in place, touch right heel diagonal. Forward, step right in place, step left together

&37&38 Step right foot to side and backwards, touch left heel diagonal. Forward, step left in place, touch right foot beside left

39&40 Touch right toe to side, turn ½ right with the left foot, touch right toe to side

FORWARD, HEEL-SPLIT, STEP, SWIVEL WITH ¼ TURN RIGHT, SCISSORS

41&42 Step right forward, turn both heels out, in

43&44 Step left forward; as you turn both heel to left, turn ¼ right, turn the heels to the center

45&46 Step left to left side, step right together, step left across right

47&48 Step right to right side, step left together, step right across left

BRUSH/SCUFF, HITCH, STEP, TOUCH, TOGETHER, TOUCH, SAILOR STEP WITH ½ TURN LEFT, TOUCH, TOGETHER, TOUCH, TOGETHER

49&50 Brush/scuff left forward, hitch the left knee, step left forward

51&52 Touch right toe to side, step right together, touch left toe to side

53&54 Sailor step: step left behind right, step right in place and turn ½ left, step left in place

&55&56 Touch right toe to side, step right together, touch left toe to side, step left together

BRUSH BACK, HITCH, STEP, HEEL SWITCHES, SKATES WITH ¼ TURN RIGHT

57&58 Brush right foot back, hitch right knee, step right foot forward

59&60& Touch right heel forward/diagonal. Forward, step right together, touch left heel forward/diagonal forward, step left together

61&62& Skate left ball forward and press the heel down, skate right ball forward, step right heel down and turn ¼ right

63&64& Touch left toe to side, touch left toe beside right, touch left toe to side, step left foot together

REPEAT