

THE SWING

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Stephen Sunter

Music: The Swing by James Bonamy

½ PIVOT TURN, RIGHT COASTER STEP

- 1-2** Step left foot forward, pivot ½ turn right, (weight on left)
- 3&4** Step back on right & step left next to right, step right foot forward,
- 5-6** Step left foot forward, pivot ½ turn right, (weight on left)
- 7&8** Step back on right & step left next to right, step right foot forward,

DIAGONAL HIP BUMPS FORWARD, DIAGONAL HIP BUMPS BACKWARD

- 9-10** Bump hips diagonally forward (2 o'clock), bump hips diagonally backwards (8 o'clock)
- 11&12&** Bump hips diagonally forward & back, forward & back
- 13-14** Step right foot back (4 o'clock) bumping hips backward, bump hips forward (10 o'clock)
- 15&16** Bump hips diagonally backward & forward, backwards (weight on right)

FULL TURN LEFT, SIDE SHUFFLE LEFT, ROCK ON RIGHT, ¼ TURN

- 17-18** Full turn left stepping left, then right
- 19&20** Step left foot left & step right next to left, step left foot left
- 20-22** Step right foot behind left, (bend knee slightly), rock forward onto left
- 23&24** Step right & left, right while making a ¼ turn left

LEFT SHUFFLE, ½ PIVOT TURN, RIGHT SHUFFLE, ROCK FORWARD LEFT

- 25&26** Step forward left, step right next to left, step forward left
- 27-28** Step forward on right foot, pivot ½ turn left
- 29&30** Step forward right, step left next to right, step forward right
- 31-32** Step left foot forward (bend knee slightly), rock back onto right foot

LEFT COASTER STEP, SWING HIPS RIGHT, RIGHT COASTER STEP, SWING HIPS LEFT

- 33&34** Step back on left, step right next to left, step left foot forward
- 35&36** Point right toe to right swinging hips right at same time, swing hips left, right

(Keep weight on left foot, right toe remains pointed to the right throughout counts 35&36)

37&38 Step back on right, step left next to right, step right foot forward

39&40 Point left toe to left swinging hips left at same time, swing hips right, left

(Keep weight on right foot, left toe remains pointed to the left throughout counts 39&40)

LEFT CROSS UNWIND $\frac{1}{2}$, RIGHT CROSS UNWIND $\frac{1}{2}$, STEPS RIGHT, SIDE SHUFFLE RIGHT

41-42 Step left foot in front of right, unwind $\frac{1}{2}$ turn over right shoulder

43-44 Step right foot in front of left, unwind $\frac{1}{2}$ turn over left shoulder

45-46 Step left behind right, step right to right

47&48 Step left next to right, step right to right, touch left next to right

REPEAT