

# TWO HEARTS

LINEDANCE.COM

**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Judith Campbell

**Music:** The Only Way I Know by Ty Herndon

## ROCK FORWARD / BACK - TAP - $\frac{3}{4}$ TURN:

- 1-4** Rock forward on right, rock back onto left, tap right foot behind left, turn  $\frac{3}{4}$  to the right (finish weight on right foot)
- 5-8** Rock forward on left, rock back onto right, tap left foot behind right, turn  $\frac{3}{4}$  to the left (finish facing the front, weight on left foot)

## HIP SWAYS RIGHT LEFT - SIDE SHUFFLE TO RIGHT - HIP SWAYS LEFT RIGHT - SIDE SHUFFLE TO LEFT:

- 1-2** Step right to right side swinging hips to right then left
- 3&4** Shuffle to right side (right-left-right)
- 5-6** Step left to left side swinging hips to left then right
- 7&8** Shuffle to left side (left-right-left)

## CROSS SWEEP - ROCK FORWARD /BACK - CROSS SWEEP - ROCK FORWARD /BACK:

- 1-2** Step right foot across left (to face left front corner), ( $\frac{1}{4}$ ) sweep the left foot forward around to right front corner
- 3-4** Rock forward onto left foot, rock back onto right foot
- 5-6** Step left foot across right (already facing right corner), ( $\frac{1}{4}$ ) sweep the left foot forward around to left corner
- 7-8** Rock forward onto right foot, rock back on left, straightening to face front

**Advanced alternative: on the 1st cross sweep you might like to turn  $1 \frac{1}{4}$  then rock forward & back**

## $\frac{1}{4}$ TURN TO RIGHT, STEP FORWARD - HOLD - TURN - TURN - 2 SAMBA STEPS FORWARD:

- 1-2** Turning  $\frac{1}{4}$  to the right, step forward on right foot, hold,
- 3-4** Turning  $\frac{1}{2}$  to right step back on left, turning  $\frac{1}{2}$  to right step forward on right
- 5&6** Step forward on left, step right next to left, small step forward on left. (using hips)
- 7&8** Step forward on right, step left next to right, small step forward on right (using hips)

### **ROCK FORWARD /BACK - LOCK STEP BACK - TAP ½ TURN - COASTER STEP:**

- 1-2 Rock forward on left, rock back on right,
- 3&4 Step left back, cross/lock right over left, step back on left
- 5-6 Tap right foot behind left, turn ½ to right (weight on left foot)
- 7&8 Step right back, step left next to right, step right forward (coaster step)

### **ROCK FORWARD/BACK - LOCK STEP BACK - TAP ½ TURN - KICK BALL CROSS:**

- 1-2 Rock forward on left, rock back on right
- 3&4 Step left back, cross /lock right over left, step left back
- 5-6 Tap right foot behind left, turn ½ to right (weight on left foot)
- 7&8 Kick right foot forward, step right slightly back from left, step left foot across in front of right

### **STEP - HOLD - TOGETHER STEP TAP - ¼ TURN LEFT WITH SIDE TOUCH HEEL - ½ TURN TO LEFT - SIDE TOUCH - HOLD:**

- 1-2 Step right to right side, hold
- &3-4 Step left next to right, step right to right side, tap left foot behind right foot (looking over right shoulder)
- 5-6 Turning ¼ to left, touch left foot out to left side, drop heel
- 7-8 Turning ½ to left on ball of left foot, touch right foot out to right side, hold

### **ROCK FORWARD / BACK - 1 ½ ROLL - ROCK FORWARD /BACK - 1 ½ ROLL:**

- 1-2 Rock forward on right, rock back on left,
- 3&4 Turning ½ to right step forward on right, turning ½ to right step back on left foot turning ½ to right step forward on right
- 5-6 Rock forward on left, rock back on right
- 7&8 Turning ½ to left step forward on left, turning ½ to left step back on right foot turning ½ to left step forward on left

**Easy alternative: instead of doing the 1 ½ roll, you can turn ½ and shuffle forward.**

**REPEAT**

**RESTART**

**If you use Ty Herndon after the 2nd wall there is a 16 count phrase. Do the 1st 16 counts of the dance then restart the dance from the beginning.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=44377](https://www.linedance.com/index.php?f=dance_view&id=44377)